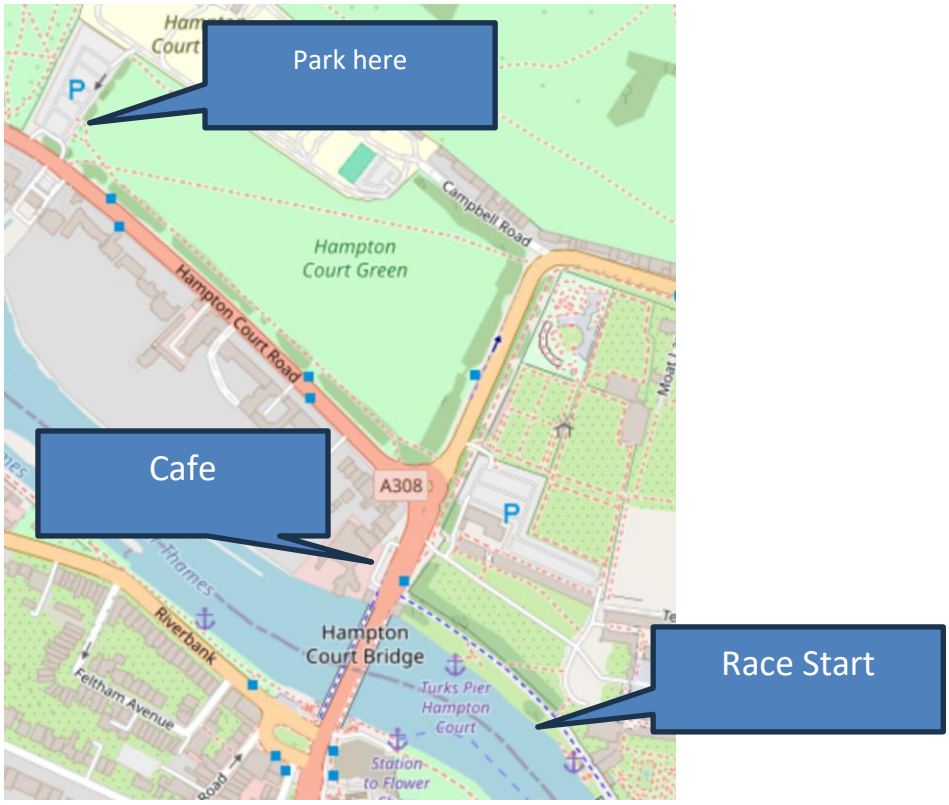
GREEN BELT RELAY – DRIVING INSTRUCTIONS
2025
Map data from www.openstreetmap.org

Stage 1 – Hampton Court – KT8 9AS. Start time 8:30am.



Parking: EASY. Park in the car park on Hampton Court Green and walk. Some on-street parking nearer.

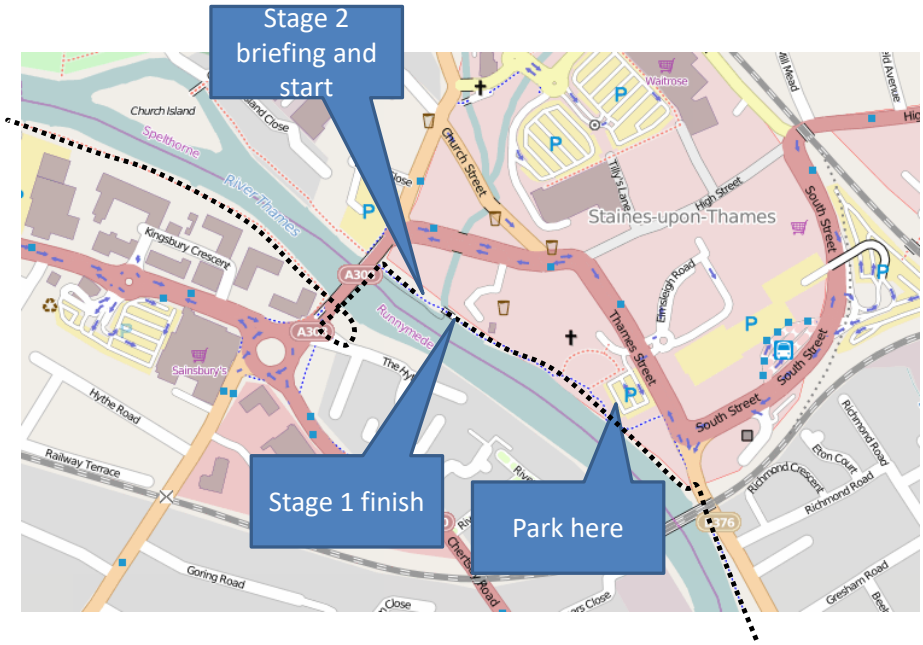
Toilets and cafes: LIMITED. There are no official race toilets, but there are two cafes/restaurants across the road from the start.

Getting to Staines: Follow A308 west to Staines.

Support Spots for stage 1:

- 5 miles: Walton Bridge, TW17 8LY. Cafe, toilet. Runners from 9am – 9.30am
- 5.7 miles: Red Lion, TW17 9HX. Pub. Runners from 9:05 – 9:35am.
- 8.6 miles: Chertsey Bridge, KT16 8JA. Runners from 9:15 – 10.05am.
- 12.7 miles: Finish, Staines. Runners from 9:35 - 10:48.

Stage 2 – Staines – TW18 4BU



Parking: **EASY.** Car parks at Riverside and by Staines Bridge.

Toilets and cafes: **EASY.** There are no official race toilets, but there are public toilets in the Two Rivers and Elmsleigh shopping centres, and a few pubs and cafes near by.

Getting to Boveney. Cross Thames using Staines Bridge. Just after bridge, take third exit to follow A308 through Runnymede and Old Windsor. Then join A332 to Eton (signed Eton and Slough). After crossing river take exit to Eton. In the centre of Eton go right at traffic lights towards Eton Wick, then through village, over cattle grid and over open meadows. At the end of the meadows, as the road veers right, take the small (dead-end) road to the left. This takes you to Boveney. DO NOT follow signs to Dorney Lake.

Support spots for stage 2:

- 3 miles: Bells of Ouzeley, Old Windsor: SL4 2SH. Also Magna Carta tea rooms nearby. Runners from 9:57 to 10:18.
- 7.5 miles: The Waterman's Arms, Eton. SL4 6BW. Follow road signs to Eton. Very restricted car parking on Eton side, and can clash with the Windsor Horse Show. Runners from 10:20 to 11:04.
- 9.6 miles: Finish, Boveney SL4 6QQ. Runners from 10:30 to 11:23.

Stage 3 – Boveney – SL4 6QQ

Parking: RESTRICTED. Free car park, but limited space and leaving can be very congested. We suggest you drop off runners and then move on.

Toilets and cafes: NONE. There are no toilets, and a ban on using the woods too. Please go before you arrive.

Getting to Little Marlow. Follow the road back across Dorney Common, then the B3026 through Dorney to join the A4. This will take you to Maidenhead. Cross the river and turn immediately right, which will take you through Cookham and Bourne End to Little Marlow. Continue past village to gardening centre, turn left into the Wycombe Athletics Centre.

Support spots for stage 3:

- 4.2 miles: Maidenhead Bridge SL6 0BB. Parking on Mill Lane. Runners from 11am to 11:23.
- 7.8 miles: Cookham Church SL6 9QW. Limited parking. Runners from 11:20 to 12:02.
- 9.6 miles: Spade Oak, SL8 5RF. Pub, parking. Runners from 11:25 to 12:22 (across the level crossing – take care).
- 10.7 miles: The Queens Head, Little Marlow. Runners from 11:30 to 12:35
- 11.2 miles: finish, Wycombe Athletics. SL7 3RJ. Runners from 11:33 to 12:38

Stage 4 – Little Marlow – SL7 3RJ

Parking: EASY. Wycombe District Athletics. This is a few hundred yards west along Marlow Road from the village. It is reserved for us and is big.

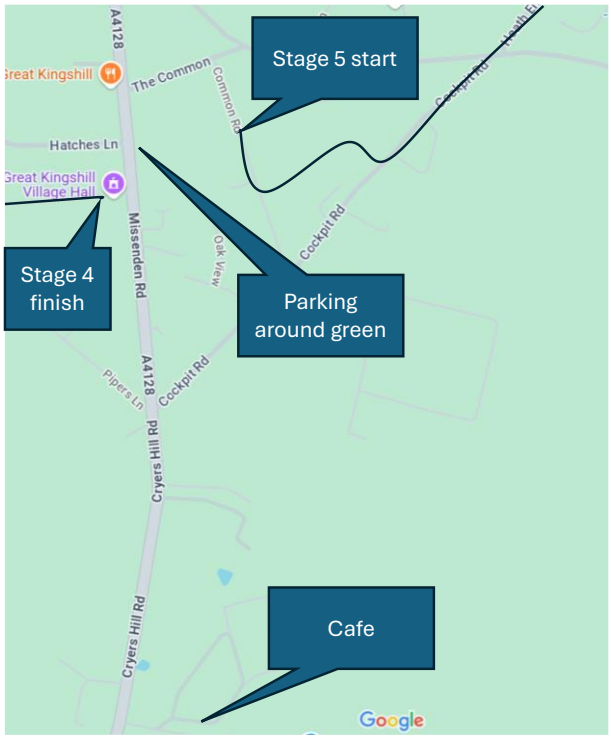
Toilets and cafes. EASY. There is a toilet in the car park for our use. There are also pubs nearby, notably the Queens Head in Little Marlow.

Getting to Great Kingshill: follow A4155 towards Marlow. After a mile turn right onto A404 towards High Wycombe. Follow A404 over M40 to A40.Turn left along A40 for half a mile, then turn right onto A4128 to Great Kingshill.

Support spots for stage 4:

- 2.8 miles: The Blacksmith's Arms, Handy Cross HP10 9QD. Car Park. Runners from 11:54am to 12:08pm
- 6.6 miles: West Wycombe. HP14 3AP. Runners from 12:13 to 12:46
- 10 miles: Hughenden Manor HP14 4LA. Runners from 12:16 to 12:52
- 11.5 miles: Finish, Great Kingshill. HP15 6DR. Runners from 12:37 to 14:00.

Stage 5 – Great Kingshill – HP15 6DR



Parking: OK. Around the Green and in side roads. There is also a small car park on The Common (see map). However, be careful not to upset the cricketers, and do not park in New Road.

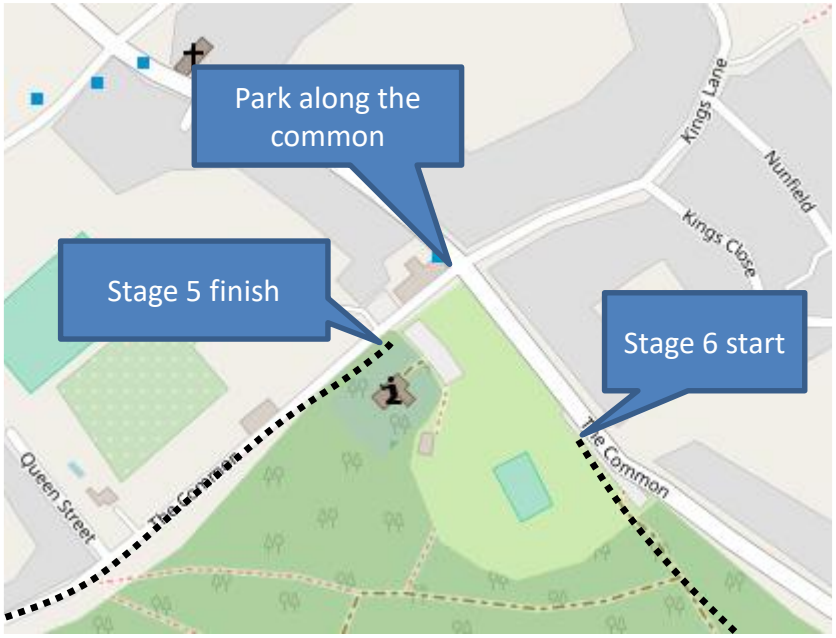
Toilets And Cafes: NONE. The nearest is at Binder's café about half a mile away.

Getting to Chipperfield: follow the road on the north of the green through Little Kingshill to the A413, then right along the A413 towards Amersham. Follow A404 to Little Chalfont. Turn left down Bell Lane. Right at T-junction, at bottom (watch for runners!). Then next left through Latimer to Flaunden. At crossroads in middle of Flaunden, turn left (Birch Lane). After 2 miles turn right into Tower Hill. The finish is on the right a mile and a half along this road.

Support spots for stage 5:

- 3 miles: The Red Lion, Little Missenden HP7 0QU. 13:10 to 13:26.
- 6 miles: The Crown, The Kings Arms, Amersham High Street HP7 0DT. Runners from 13:20 to 13:59
- 11.3 miles: The Green Dragon, Flaunden. HP3 0PW. 13:45 to 14:57
- 13.5 miles: The Two Brewers pub, Blackwells café. WD4 9BS. Runners from 13:53 to 15:25

Stage 6 – Chipperfield – WD4 9BS



Parking: GOOD . Park in the car park on the Common opposite the Two Brewers or along the roads next to the common. If you can see there's a wedding in the church, use your common sense.

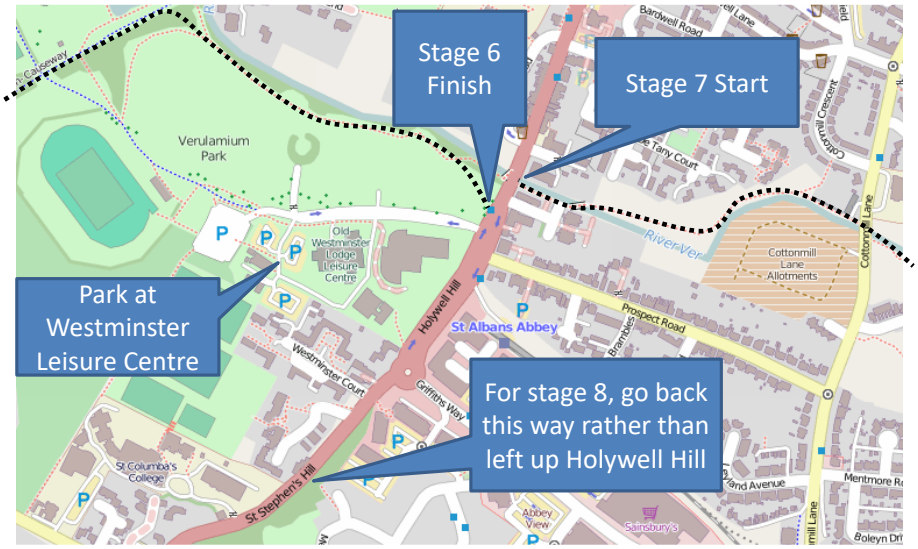
Toilets and cafes: OK. No official toilets, but The Two Brewers and Blackwells are right next to the stage 5 finish and obvious places for a stop.

Getting to St Albans: Please don't follow the race route unless you're marshalling or supporting along the way – the roads are very narrow. The quickest is to follow the road into Kings Langley and then turn right to take the A4251 to the M25 to junction 21a, then follow signs to St Albans. St Albans gets busy on a Saturday, and it's usually best to avoid Holywell Hill when departing.

Support spots:

- 2.5 miles: Rose & Crown, WD4 8JR. Runners from 14:15 to 14:35
- 4.7 miles: Bedmond, WD5 0RW. Runners from 14:30 to 14:59
- 6.1 miles: The Holly Bush, AL2 3NN. Runners from 14:35 to 15:15
- 8.5 miles: finish, Verulamium Park, AL1 1HR. Runners from 14:50 to 15:39

Stage 7 – St Albans – AL1 1HR



Parking: **GOOD.** Paid parking at the leisure centre.

Toilets: **GOOD.** In the leisure centre – ask at the desk.

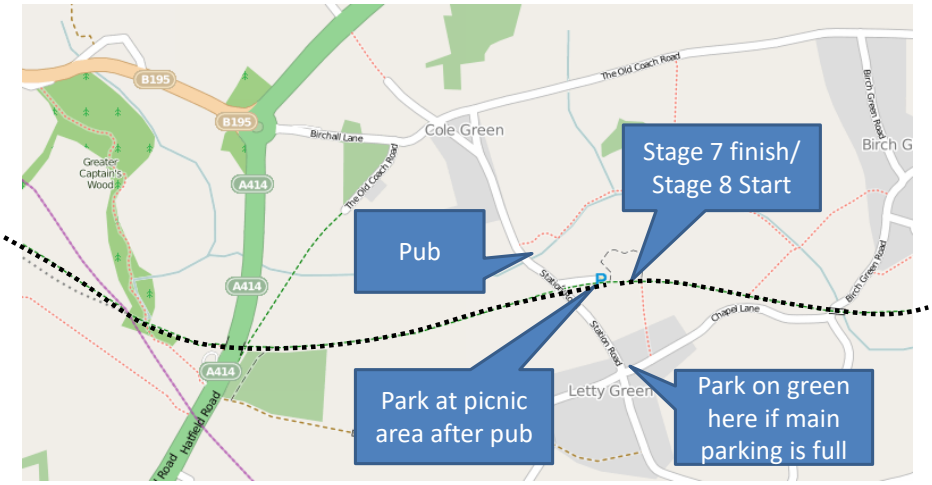
Getting to Letty Green

Go right out of Leisure Centre car park. Straight over at first roundabout into St. Stephens Hill. First exit at next roundabout onto Watling Street (A5183). After a mile (at big roundabout) turn left onto A414 towards Hatfield for 5 miles. Go north on A1(M) for one junction . Exit A1(M) at junction 4 and onto A414 towards HERTFORD After 4 miles turn right to Cole Green & Letty Green. The changeover point is the Picnic Area, up the lane on the left, just after the Cowper Arms Pub.

Support spots:

- 7 miles: Mill Green Museum AL9 5PD. Runners from 15:30 to 16:13
- 9.9 miles: Cole Green Way start AL7 3DQ. Runners from 15:45 to 16:44.
- 11.6 miles: The Cowper Arms (finish), SG14 2NL. Runners from 15:56 to 17:03

Stage 8 – Letty Green – SG14 2NL



Parking: LIMITED Small car park at the Picnic Area next to the changeover. If you are using the Pub, then you can use the car park.

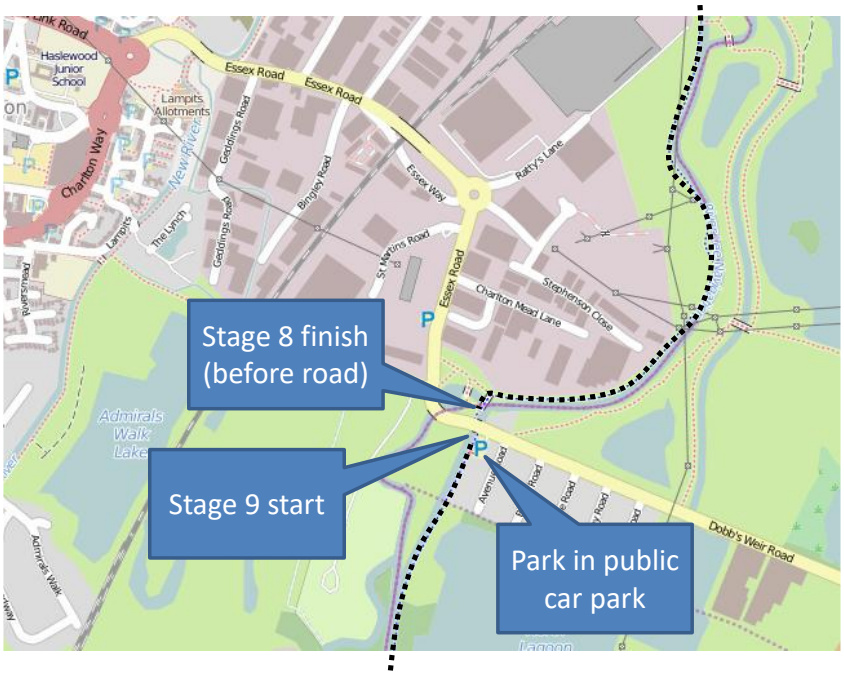
Toilets: LIMITED. For customers of the pub.

Getting to Dobbs Weir: you can follow the B158 or the A414 to Hertford. From Hertford follow the A414, A10(T) and A10 to Hoddesdon and straight through two roundabout onto Essex Road to Dobbs Weir.

Support spots:

- 2.8 miles. Hertford castle, town centre and The Old Barge, Folly Island SG14 1EA. Runners from 16:15 to 16:33
- 5.7 miles: Waterside Inn, Ware SG12 9BS. Runners from 16:30 to 17:05
- 7.8 miles: Jolly Fisherman, St Margarets SG12 8DH. Runners from 16:45 to 17:28
- 10.7 miles, Finish, Dobbs Weir (and The Fish & Eels) EN11 0AY. Runners from 16:56 to 17:58

Stage 9 – Dobb's Weir – EN11 0AY



Parking: GOOD. Public car park opposite the Fish & Eels Pub. Pay attention to closing times.

Toilets: GOOD. There are public toilets and a small restaurant in the car park.

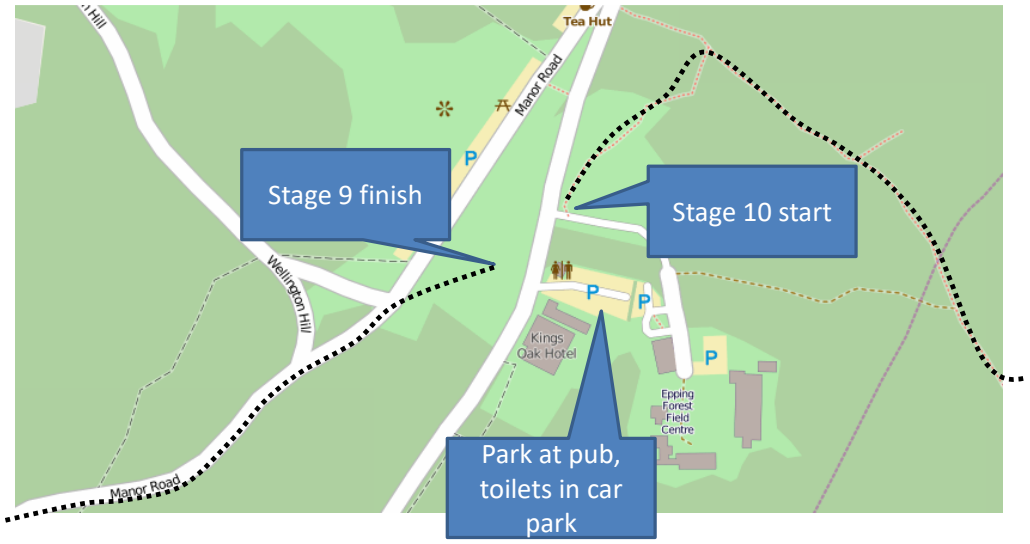
Getting to High Beach:

Re-join the A10(T) south to join the M25 at junction 25. Go east on M25 for one junction. Come off M25 at junction 26. Turn right onto A121 and follow under M25 to Wake Arms roundabout (in Epping Forest). At roundabout take 4th exit (A104). Follow A414 for 2 miles to Robin Hood roundabout. At roundabout take 3rd exit (into forest) and to High Beach.

Support spots:

- 5.5 miles: Station Road, Waltham Abbey EN9 1AZ. Runners from 17:25 to 18:02
- 7 miles: The Greyhound, Enfield Lock E4 7DF. Runners from 17:35 to 18:19
- 8.1 miles: The Plough, Sewardstone EN9 3QQ. Runners from 17:45 to 18:30
- 10.2 miles: Kings Oak (finish) IG10 4AE. Runners from 17:53 to 18:54

Stage 10 – High Beach – IG10 4AE



Parking: **GOOD.** Pay attention to closing times for some car parks.

Toilets: Public toilets in car park, and a pub.

Getting to Toot Hill

Go back to Robin Hood roundabout on the A104. Take the first exit (A104 towards Epping). At the Wake Arms roundabout take the 3rd exit (B172) through Theydon Bois to Abridge. Then turn left onto the A113. Eventually left at roundabout and under M25 (still on A113), after another 3 miles turn left into Church Road. Follow Church Road and then School Road to Toot Hill.

Support spots:

- 3.5 miles: Bell Common, CM16 4DQ. Runners from 18:15 to 18:40
- 5.7 miles: Theydon Oak pub CM16 7QJ. Runners from 18:25 to 19:04
- 9 miles: The Green Man, Toot Hill (finish) CM5 9SD. Runners from 18:47 to 19:40

Stage 11 – Toot Hill – CM5 9SE

Parking: **OK** but limited. Park along the roads at the Village Hall, and you can park in the Green Man pub car park if you use the pub. PLEASE DO NOT park on Mill Lane as it interferes with the finish of stage 11.

Toilets: **RESTRICTED.** For customers of the pub.

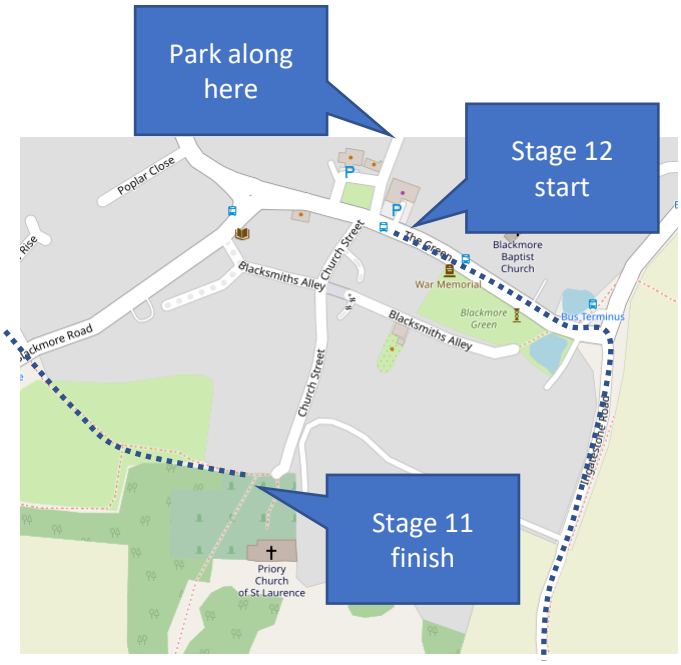
Getting to Blackmore:

Follow the runners for the first mile to Greensted Green. Then turn left onto Black Hall Road. At A414 turn right towards Chipping Ongar. Follow A414 through Chipping Ongar. 2 miles after Chipping Ongar, turn right off A414 onto road signed Blackmore.

Support spots:

- 2.9 miles: Chipping Ongar high street CM5 9AB. Runners from 19:00 to 19:19
- 4.2 miles: High Ongar CM5 9RL. Runners from 19:10 to 19:34
- 7.5 miles: Blackmore CM4 0RN. Join us in the field behind the church to cheer them in. Runners from 19:25 to 20:08.

Stage 12 – Blackmore – CM4 0RN



Parking: Park considerately in the village.

Toilets: **RESTRICTED.** Pub in the evening; none on Sunday morning.

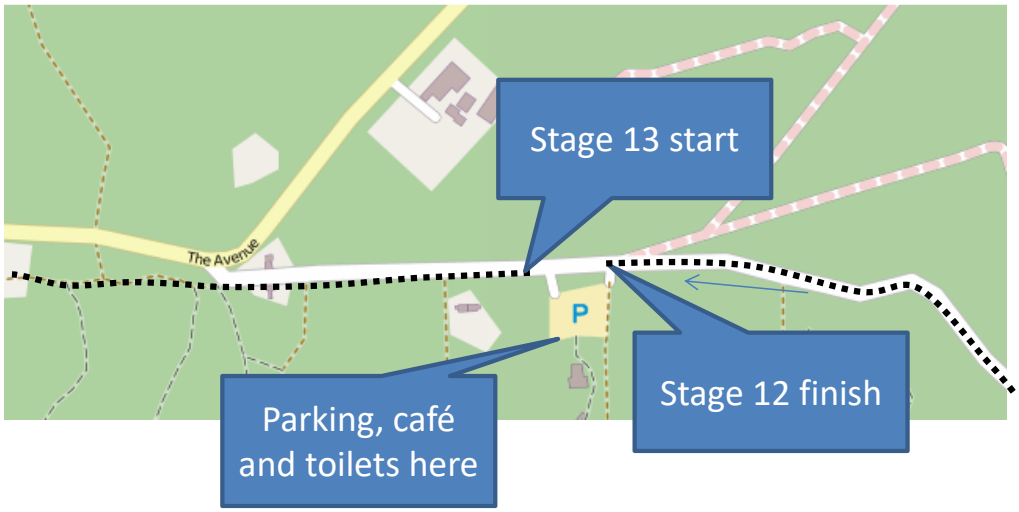
Getting to Thorndon Park:

Follow runners for the first 6.3 miles to Rayleigh Road (A129) at Hutton. Turn right into Rayleigh Road and after 0.5 miles, turn left into Hanging Hill Lane. Follow for 3 miles to T-junction with A128. Turn right, then immediately left into The Avenue. The entrance to Thorndon Park North is on the left after a mile.

Support spots:

- 4.4 miles: Mountnessing Windmill CM15 0TD. Runners from 8:20 to 8:48
- 6.7 miles: Hutton Village CM13 1QG. Runners from 8:30 to 9:13
- 9.4 miles: Ingrave CM13 3QZ. Runners from 8:45 to 9:43
- 10.9 miles: Thorndon Park CM13 3RZ. Runners from 8:54 to 9:57

Stage 13 – Thorndon Park – CM13 3RZ



Parking: GOOD. Car park next to the Countryside Centre. If this is full you can use the other one, show in the diagram.

Toilets: GOOD. In the Countryside Centre.

Getting to the Jobber's Rest: exit park and turn left onto The Avenue. After 1.5 miles (after Ford Building and then Water Tower), turn left at lights into Warley Road. (**BEWARE OF RUNNERS** crossing road 2 miles later). Continue along this road for another 2 miles to mini-roundabout. Go straight on (2nd exit, St Mary Lane) and under M25. After another mile, and just after Thatched House Pub, turn left into Jobbers Rest pub car park.

Support spots:

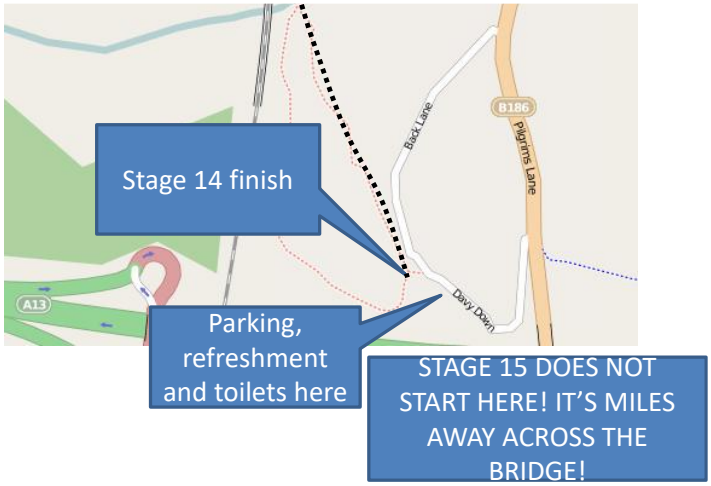
- 1.7 miles: Magpie Lane CM13 3DT. Runners from 9:12 to 9:22
- 2.3 miles: Warley Road CM13 3JH. Runners from 9:14 to 9:29
- 6.6 miles: Jobber's Rest (finish) RM14 3JX. Runners from 9:37 to 10:15.

Stage 14 – Jobbers Rest, Cranham – RM14 3JX

Parking: GOOD. Big car park, with toilets and coffees available in the pub.

Toilets: GOOD. In the pub.

Getting to Davy Down. **Please note: the finish at Davy Down is not the start of stage 15, which is the other side of the QE2 Bridge!!** Turn right onto St Mary's Lane and right again to Pike Lane. At T-junction turn left onto Ockendon Road and over motorway. At T-junction turn right towards South Ockendon. Just after Stifford Bridge (3.5 miles later), turn right into Back Lane, signed Davy Down.



Parking at Davy Down is at the Visitors' Centre. **Postcode is RM15 5UL**

Support spots:

- 2.3 miles: North Ockendon RM14 3PS. Runners from 9:54 to 10:09.
- 9 miles: Davy Down, finish. RM15 5UL. Runners from 10:28 to 11:40

Stage 15 –Stone Lodge – DA2 6PD

NOTE AGAIN: THE FINISH OF STAGE 14 IS THE OTHER SIDE OF THE BRIDGE! Please plan accordingly.

Parking: GOOD. Hall Bowling Club on Cotton Lane, next to the start.

Toilets: GOOD. In the bowling club.

Getting to Lullingstone Visitors Centre. Re-join the **M25 (Southbound)** to junction 3. Come off M25 onto A20 signed Farningham & Brands Hatch. At Farningham stay on A20 over roundabout. After another 0.3 miles turn right onto A225 signed Eynsford. Follow A225 through Eynsford. After another mile turn right signed “Castle Farm”. The finish is on the right after a mile.

If you’re following runners, note that both Powder Mill Lane (1.6 miles) and the road to Lullingstone Roman Villa and castle (8 miles) are dead ends.

Support points:

- 2.6 miles: Hawley DA2 7RG. Runners from 1:45 to 11:08
- 4.6 miles: Bridges Pub, South Darenth DA4 9AZ. From 11:00 to 11:30.
- 6.8 miles: The Lion, Farningham DA4 0DN. Runners from 11:10 to 11:54

Stage 16 – Lullingstone Park – DA4 0JF

Parking: OK. At the Visitors' Centre, next to the changeover.

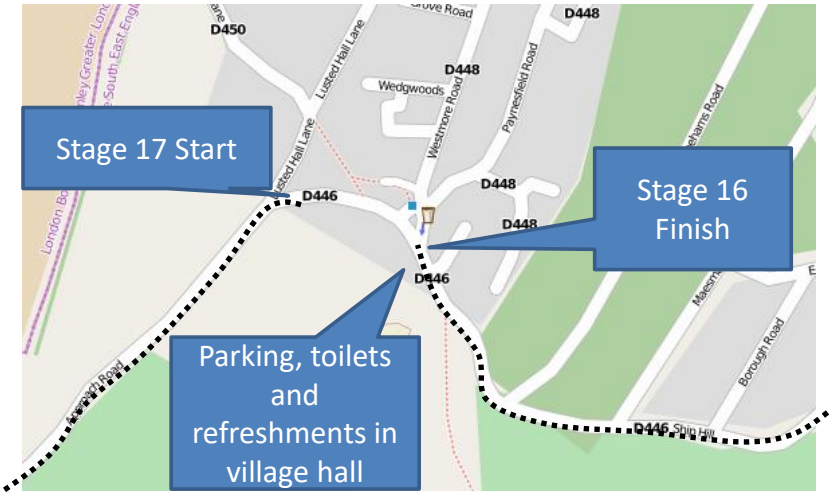
Toilets: GOOD. There are toilets, a restaurant and a shop here. There is also overflow parking at Castle Farm.

To get to Tatsfield. Go left out of Lullingstone Visitors Centre to A225. Turn right along A225 through Otford to Sevenoaks. In Sevenoaks, turn right onto A25. Stay on A25 to Westerham. In the centre of Westerham, turn right onto B2024. After 3 miles, turn right to Tatsfield.

Support points:

- 3.2 miles: The Bull, Otford TN14 5PQ. Runners from 11:50 to 12:09
- 5.3 miles: The Rose & Crown, TN14 6HD. Runners from 11:55 to 12:30
- 6.2 miles: Chevening Church TN14 6HG. Runners from 12:00 to 12:40
- 10.8 miles: Pilgrims Way TN16 2DS. Runners from 12:25 to 13:32
- 13.3 miles: The Ship, Tatsfield (finish) TN16 2AH. Runners from 12:40 to 14:05

Stage 17 –Tatsfield – TN16 2AH



Parking: GOOD. Behind the village hall. DO NOT park around Westmore Green. DO NOT USE the Old Ship car park unless you are using the pub.

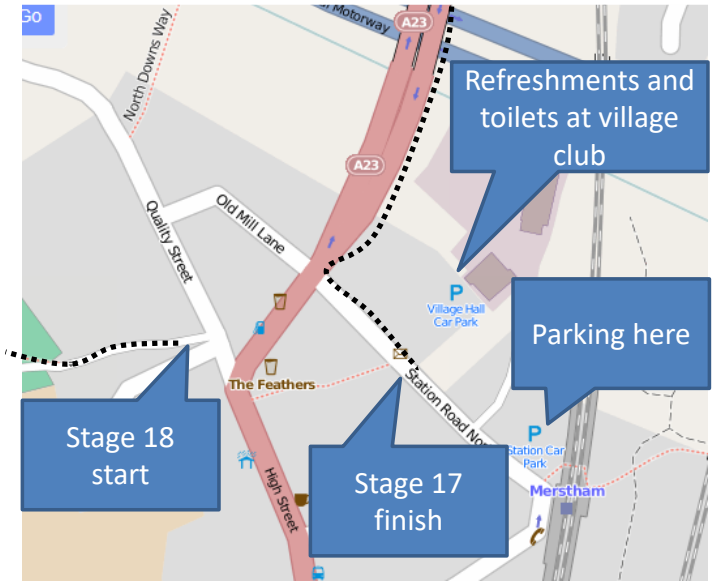
Toilets: GOOD. In the village hall, and the pub (for customers).

Getting to Merstham: follow runners for 1.5 miles. Then turn left onto B269 to Limpsfield. At Limpsfield, turn right onto A25. Follow A25 through Godstone and Bletchingley. One mile after Bletchingley (on entering Nutfield) turn right into Church Hill. Follow road for 2.5 miles to Merstham. The leg finishes in Station Road.

Support spots:

- 3.2 miles: Ganger's Hill CR3 7AX. Runners from 13:10 to 13:29
- 7.6 miles: Stansted Rd CR3 6AJ. Runners from 13:30 to 14:17
- 10.5 miles: Merstham, Feathers pub RH1 3BA. Runners from 13:46 to 14:49.

Stage 18 –Merstham – RH1 3BA



Parking: OK. Village Hall or Station Car Park. Do not use Feathers Pub car park unless you are using the pub and don't use the cricket club.

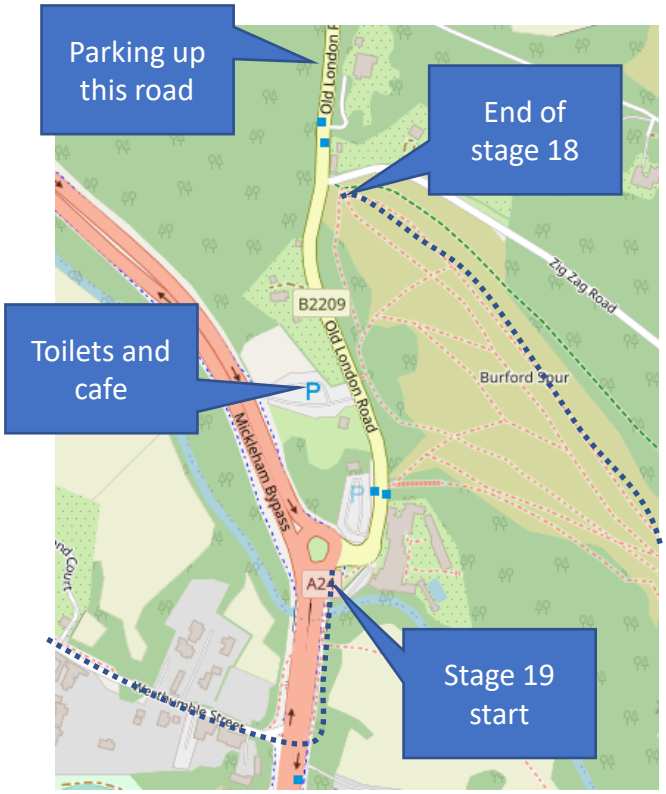
Toilets: **GOOD**: in the Village Club by the finish.

To get to Burford Bridge: Take A23 towards Redhill for a mile. Turn right onto A242, signed Reigate. At junction, turn right onto A25 and through Reigate to Dorking. In Dorking, turn right onto A24 towards Box Hill. Burford Bridge is on the right signposted Box Hill and Mickleham.

Support points:

- 2 miles: Reigate Hill viewpoint & café RH2 9RP. Runners from 14:00 to 14:15
- 7.5 miles: Smith & Western Box Hill KT20 7JN. Runners from 14:30 to 15:22
- 9.7 miles: Burford Bridge & Ryka's Café RH5 6BY. Runners from 14:40 to 15:42

Stage 19 –Burford Bridge – RH5 6BX



Parking: OK. Park along Old London Road towards Mickleham. DO NOT USE the Burford Bridge hotel car park. The car park at Ryka's Café gets full very quickly.

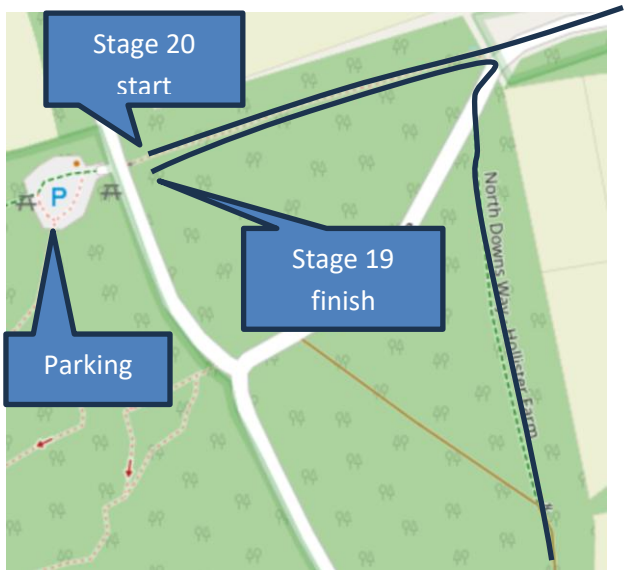
Toilets: GOOD. Public toilets behind Ryka's café.

To get to West Hanger. After Burford Bridge Hotel turn left onto A24 to Dorking. At Dorking turn right onto the A25 passing through Abinger Hammer, then find narrow road on the right (Combe Lane). The finish is at the top of this hill in the woods in a car park on the left. **Note for satnavs: the postcode covers a vast area and is not useful here. Use What Three Words: ///pill.rested.boss**

Support spots:

- 2.9 miles: Ranmore Road RH5 6SR. Runners from 15:04 to 15:20
- 5.2 miles: White Down Lane RH5 6QS. Runners from 15:20 to 15:46
- 8.5 miles: West Hanger (finish) ///pill.rested.boss. Runners from 15:30 to 16:23

Stage 20 – West Hanger – GU5 9TE



Parking: OK in the wooded car park and along the roads. Please park considerately as there are no bays and we need to get everyone in. You can also park along Staple Lane but please don't block the lane.

Toilets: **NONE.**

Getting to Ripley: The quickest way is down Staple Lane and through East Clandon. If you want to follow the runners, please drive carefully.

Support spots:

- 3 miles: West Horsley KT24 6JP. Runners from 16:00 to 16:19
- 4 miles: Jury Farm KT24 6JT. Runners from 16:05 to 16:30
- 6 miles/finish: Ripley GU23 6BG. Runners from 16:16 to 16:47.

Stage 21 – Ripley – GU23 6BG

RACE TRAFFIC: Leg 21 Ripley to Walton Bridge

Parking: **GOOD** around Ripley Green and behind the British Legion Club to the right, just before Ripley High Street.

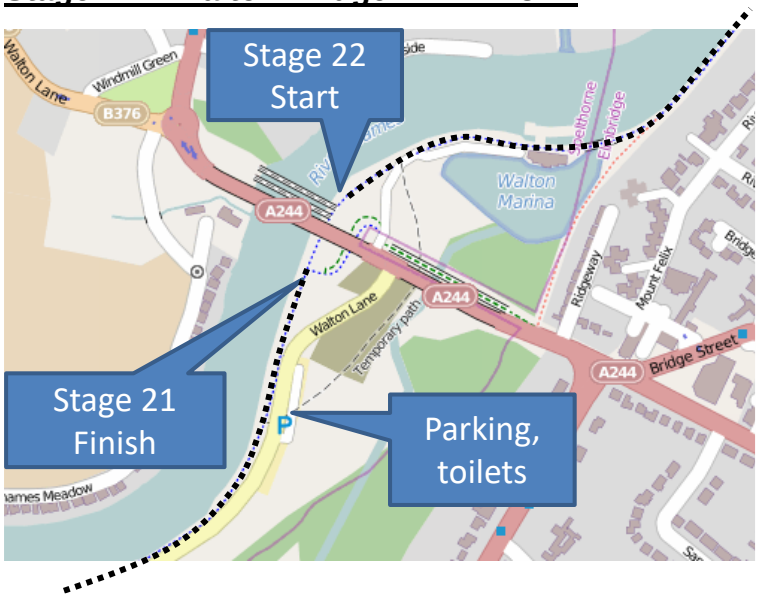
Toilets: **GOOD.** At The Talbot on the high street.

Getting to Walton Bridge, Go north along High Street to join the A3 signed London. Go straight on over the M25 to the next junction at Painshill Park. Turn left onto A245 towards Weybridge and Byfleet. After 0.4 miles stay in right hand lane and turn right at lights into Seven Hills Road. Follow Seven Hills Road for 2 miles to a huge roundabout with trees in the middle. Take 2nd exit signed Walton and Hersham (A317). At next roundabout, take first exit (Ashley Road) and follow to Walton. Turn left into New Zealand Avenue and straight on to Walton Bridge. Just before bridge turn left to the finish at the river.

Support spots:

- 1.7 miles: The Anchor pub GU23 6QW. Runners from 16:22 to 16:35
- 4.5 miles: The White Hart KT15 3JH. Runners from 16:38 to 17:06
- 7 miles: The Old Crown KT13 8LP. Runners from 16:50 to 17:31
- 8.4 miles: Walton Bridge, finish TW17 8LY

Stage 22 – Walton Bridge – TW17 8LY

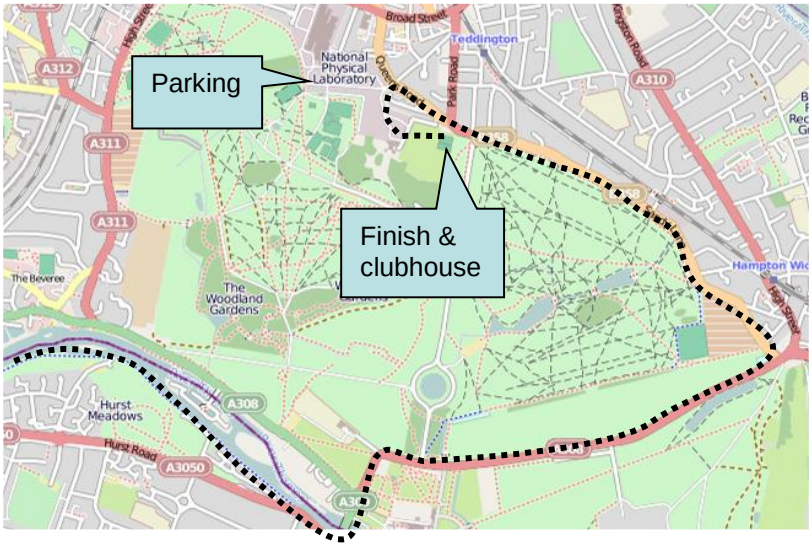


Parking: GOOD. in the car park next to the bridge.

Toilets: GOOD.

To get to finish, Either turn left and cross Walton Bridge and drive through Sunbury and Hampton to Teddington, or turn right and go through Walton, Molesey, Hampton Court, and the around the Hampton Wick end of Bushy Park.

Support spots:

- 4.8 miles: Hampton Court Green KT8 9EP. Runners from 17:25 to 17:56
- 6.7 miles: Finish, Bushy Park Sports Centre TW11 0EL. From 17.30. Join us for food, drink and prizes.

Parking at Bushy Park Sports Centre is in a number of car parks near the centre – there are a lot of sports facilities around there.