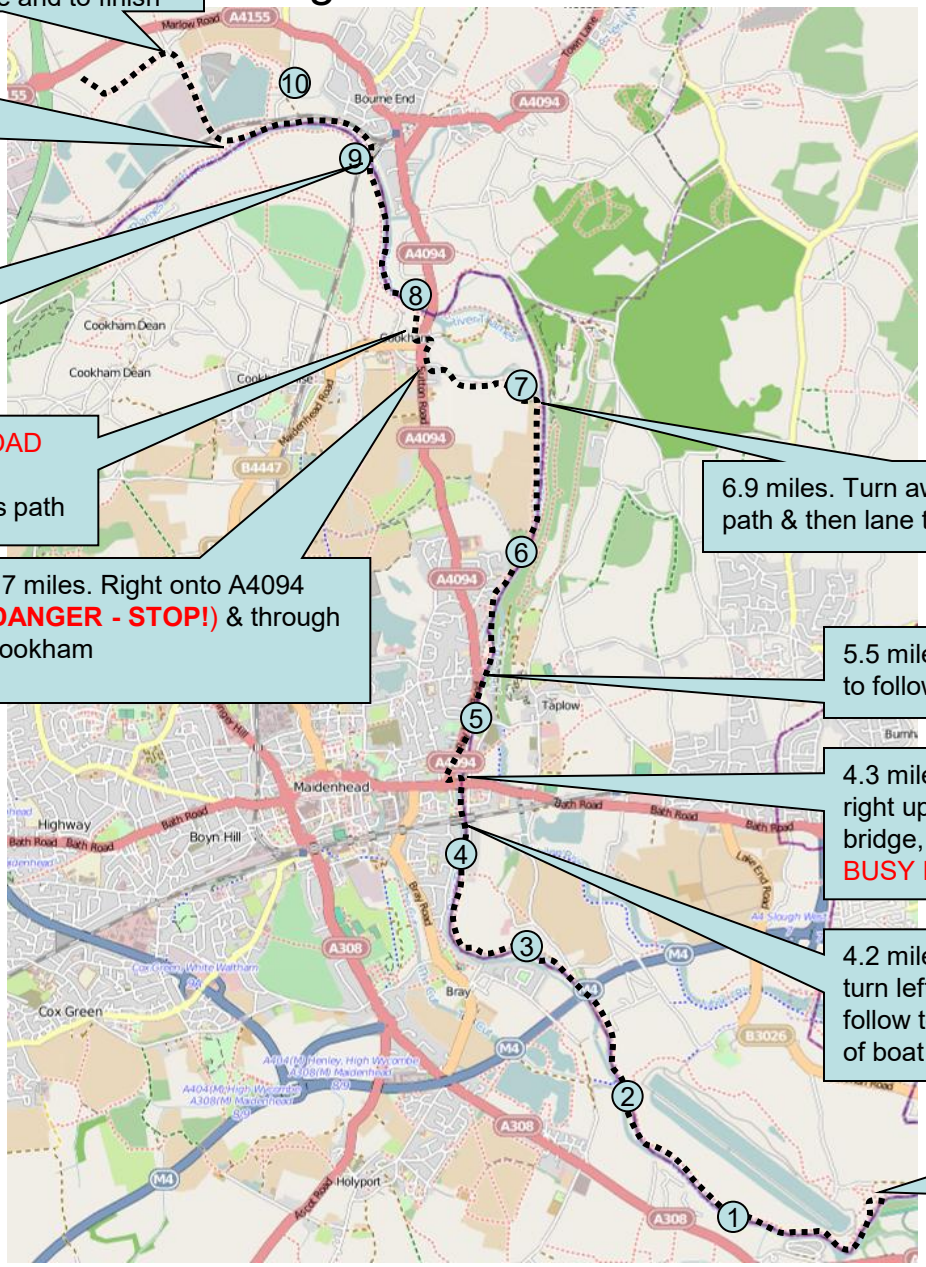
Stage 3 – Overview

Start time: 10:37 Saturday
Distance: 11.2 miles
Emergency: 07966 542315



10.5 miles. Left into Pound Lane, follow footpath, then right to Westthorpe Farm Lane and to finish

9.9 miles. Turn right and cross over **BUSY LEVEL CROSSING – STOP!** and straight on into Little Marlow

8.9 miles. Cross Thames on railway bridge and continue along towpath; over footbridge past marina

7.8 miles. cross BUSY ROAD through Cookham through churchyard to join Thames path

7.7 miles. Right onto A4094 (**DANGER - STOP!**) & through Cookham

6.9 miles. Turn away from river on path & then lane to Cookham

5.5 miles. Turn away from A4094 to follow Thames towpath

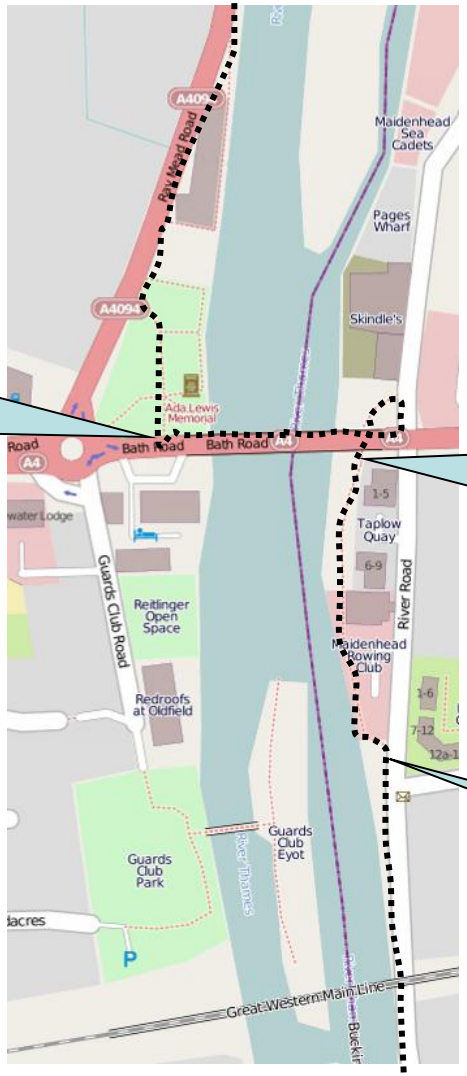
4.3 miles. Under road bridge, then right up on to bridge, cross over bridge, then right to pavement by BUSY ROAD along Thames

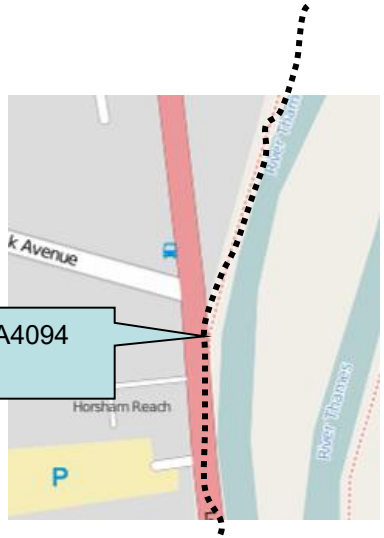
4.2 miles. After railway bridge, turn left through gate and follow towpath by river in front of boat club

Start. Follow Thames towpath to Maidenhead

Map data © OpenStreetMap contributors, CC-BY-SA

Stage 3 Detail – 4.2 miles: Maidenhead Bridge





4.4 miles. After bridge, turn right through park to Ray Mead Road, then follow pavement to Thames Path

4.3 miles. Under road bridge, then right up on to bridge, cross over bridge

5.5 miles. Turn away from A4094 to follow towpath

4.2 miles. After railway bridge, turn left through gate onto towpath

PK 2026-03-16

Map data © OpenStreetMap contributors, CC-BY-SA

Stage 3 Detail – 7.8 miles: Cookham

8 miles. After church, turn left onto river towpath and follow river for next mile

7.8 miles. Cross BUSY ROAD towards church, then through gate into churchyard

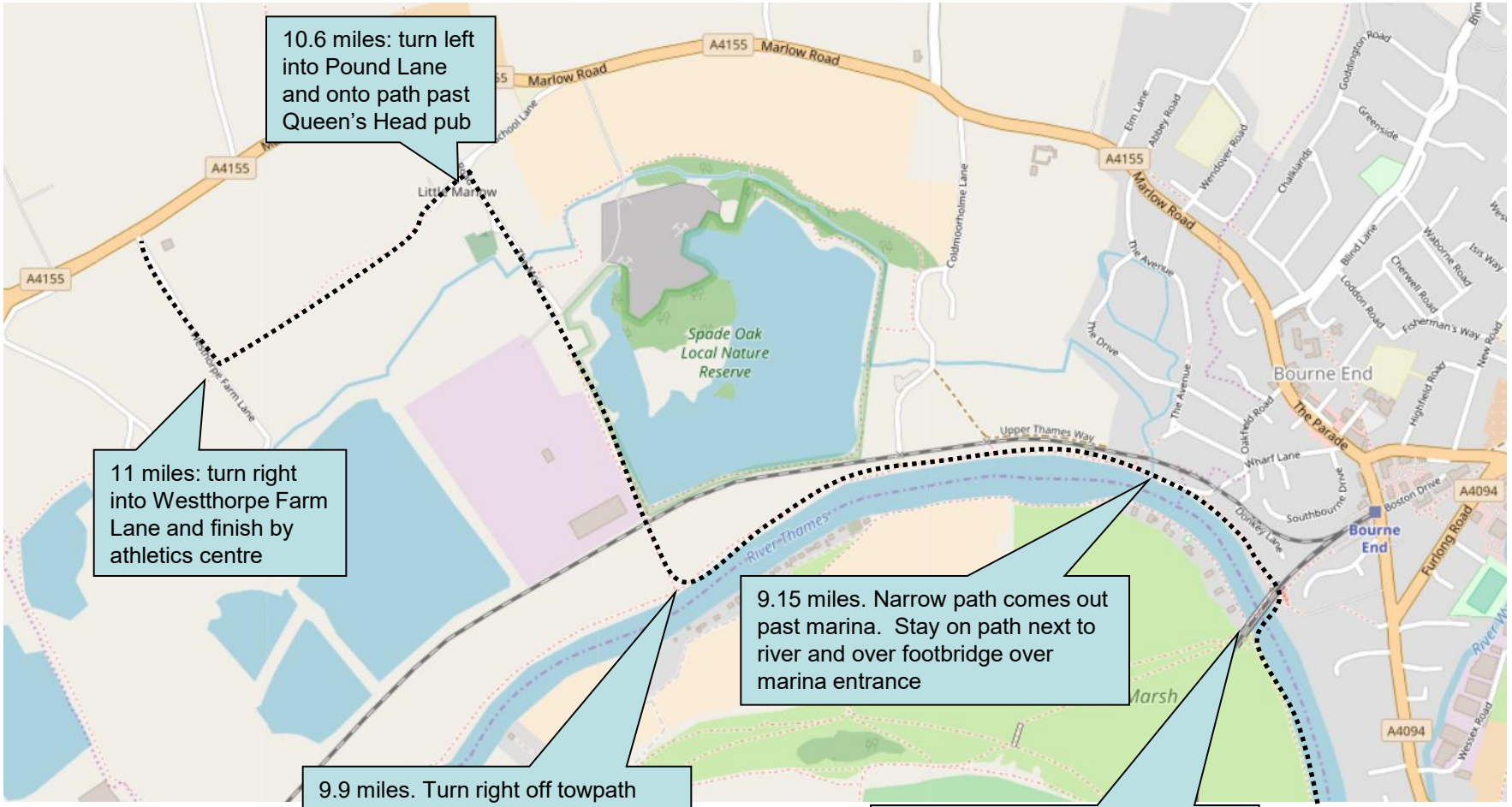
7.7 miles. Right onto A4094 - BUSY ROAD – **DANGER STOP!**

6.9 miles. Turn away from river on path & then lane to Cookham

PK 2026-03-16

Map data © OpenStreetMap contributors, CC-BY-SA

Stage 3 Detail – 9 miles: Spade Oak & Finish



PK 2026-03-16

Map data © OpenStreetMap contributors, CC-BY-SA

Stage 3 – Things to know

Navigation:

Care needed crossing the road in Cookham, and we sometimes get livestock in Thames meadows.

DANGER - trains at pedestrian level crossing at 9.9 miles. Do not cross until instructed – we will credit you with any time lost.

Timings, marshal and support points:

Stage	Miles	Place	Risk	Water?	Postcode	Start	End	What Three Words
Start	0	Boveney Church	n/a		SL4 6QQ	10.37	10.38	///owners.sends.vast
3	4.2	Maidenhead Bridge	L	Y	SL6 0BB	10:58	11:23	///bats.dimes.ladder ///moved.elaborate.undulation
3	7.7	Road crossing into Cookham	H		SL6 9RE	11:15	12:01	///cope.blend.moods
3	7.8	Cookham church	M	Y	SL6 9QW	11:16	12:02	///guitar.pirate.pump
3	9.6	Spade Oak	L	Y	SL8 5RF	11:25	12:22	///chuckling.steadier.tractor
3	9.9	Railway crossing	H		SL6 9RQ	11:26	12:25	///hovered.clipboard.lawfully
Finish	11.2	Wycombe Athletics, Little Marlow	L	Y	SL7 3RJ	11:33	12:40	///schematic.rounds.packages

Stage Records:

Year	Stage	Distance	Name	Team	Time	Category
2024	3	11.2	Chris Biley	Clapham Chasers	01:02:23	Overall (men)
2025	3	11.2	Georgie Bruinvels	Clapham Chasers	01:10:10	Overall (women)
2024	3	11.2	Chris Biley	Clapham Chasers	01:02:23	V35 Men
2025	3	11.2	Georgie Bruinvels	Clapham Chasers	01:10:10	V35 Women
2024	3	11.2	Rob Buckle	26.2 RRC	01:14:04	V45 Men
2024	3	11.2	Ann Keary	Ranelagh	01:19:22	V45 Women
2025	3	11.2	Will Parry	London Front Runners	01:14:55	V55 Men
2024	3	11.2	Ann Keary	Ranelagh	01:19:22	V55 Women
2025	3	11.2	Fraser Wigley	Stragglers	01:28:36	V65 Men
	3	11.2				V65 Women

Nearest A&E (from finish):
Wexham Park Hospital
Wexham,
Slough SL2 4HL

We share busy roads, footpaths, pavements, pubs and car parks with many other people, pets, cattle, events, cars, and bikes.

Be safe, be considerate, and smile.

Map data © OpenStreetMap contributors, CC-BY-SA