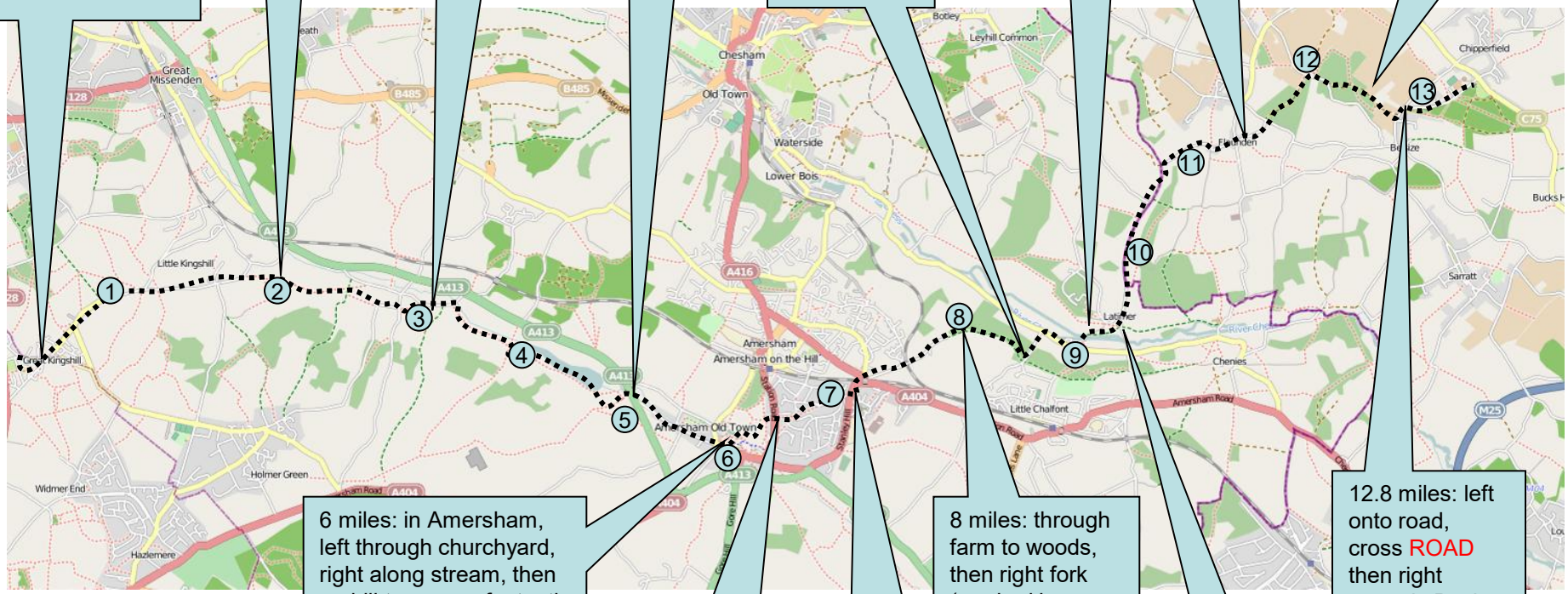
Stage 5 – Overview

Start time: 12:53 Saturday
Distance: 13.5 miles
Emergency: 07966 542315



Start: From field by Common Road, left to path then join Cockpit Road, then over **BUSY ROAD** to Heath End Road.

2 miles: off road onto South Bucks Way

3 miles: left onto road **(STOP!)**, then (3.3m) left into village, then right and (3.7m) back onto SBW (see detail)

5 miles: Out of cricket club, follow path under A413 (by stream – **MIND YOUR HEAD**!), and onto Old Amersham Rd

8.7 miles: left onto Bell Lane, down hill, then right at t-junction

9 miles: through field, lane over bridge, up hill and right towards Latimer Village

11.4 miles: over CROSSROADS, down hill, then over T-JUNCTION, onto path through woods

12.2 miles: right onto lane, then left to path where road bears right, follow yellow arrows through woods

12.8 miles: left onto road, cross ROAD then right towards Bucks Hill, to finish

9.6 miles: Left out of Latimer towards Flaunden

8 miles: through farm to woods, then right fork (marked by orange arrow)

7 miles: along Stanley Hill Ave., then under railway bridge to cross **BUSY ROAD** into Raans Road

6.5 miles: **DANGER – STOP! ROAD CROSSING** as path emerges

6 miles: in Amersham, left through churchyard, right along stream, then up hill to narrow footpath before Martyrs memorial

PK 2026-03-16

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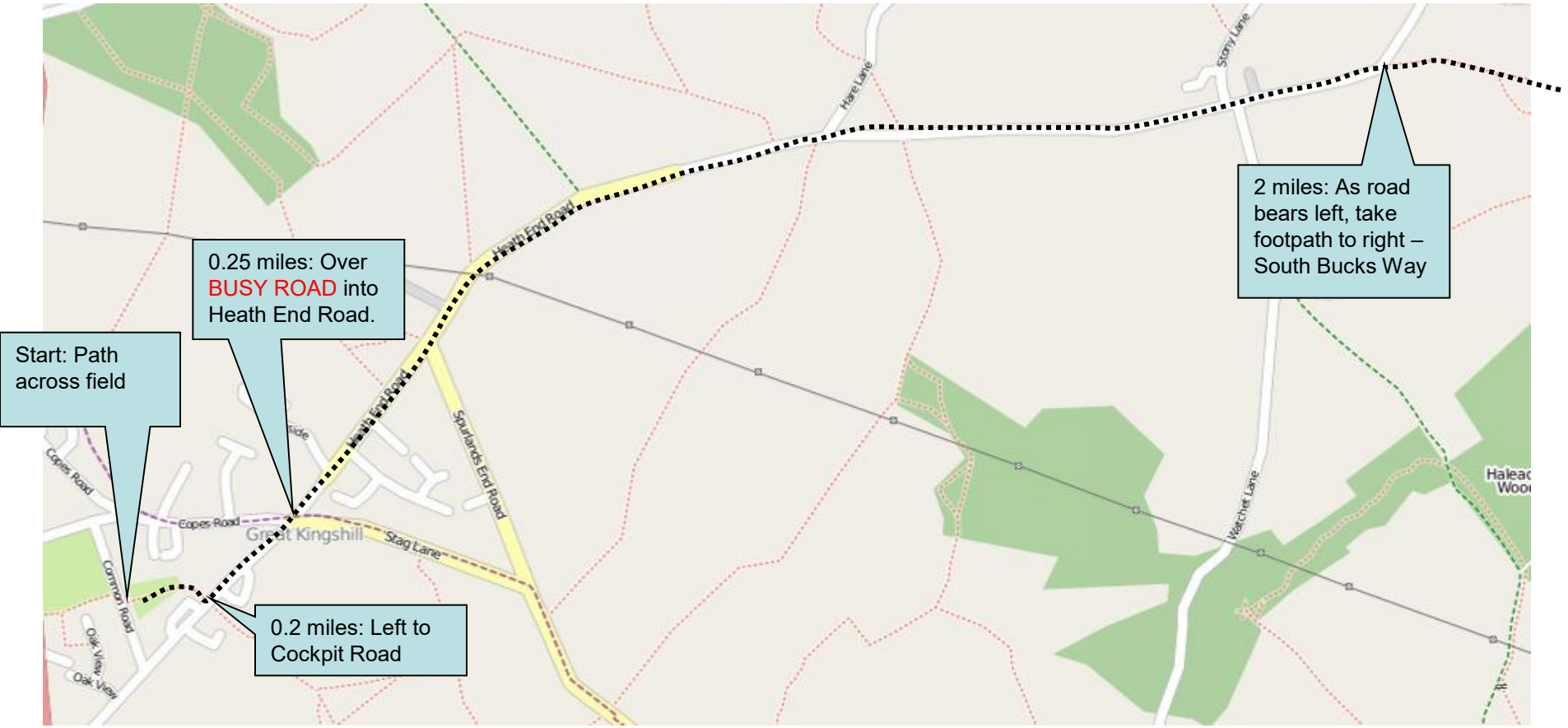
Stage 5 – Start



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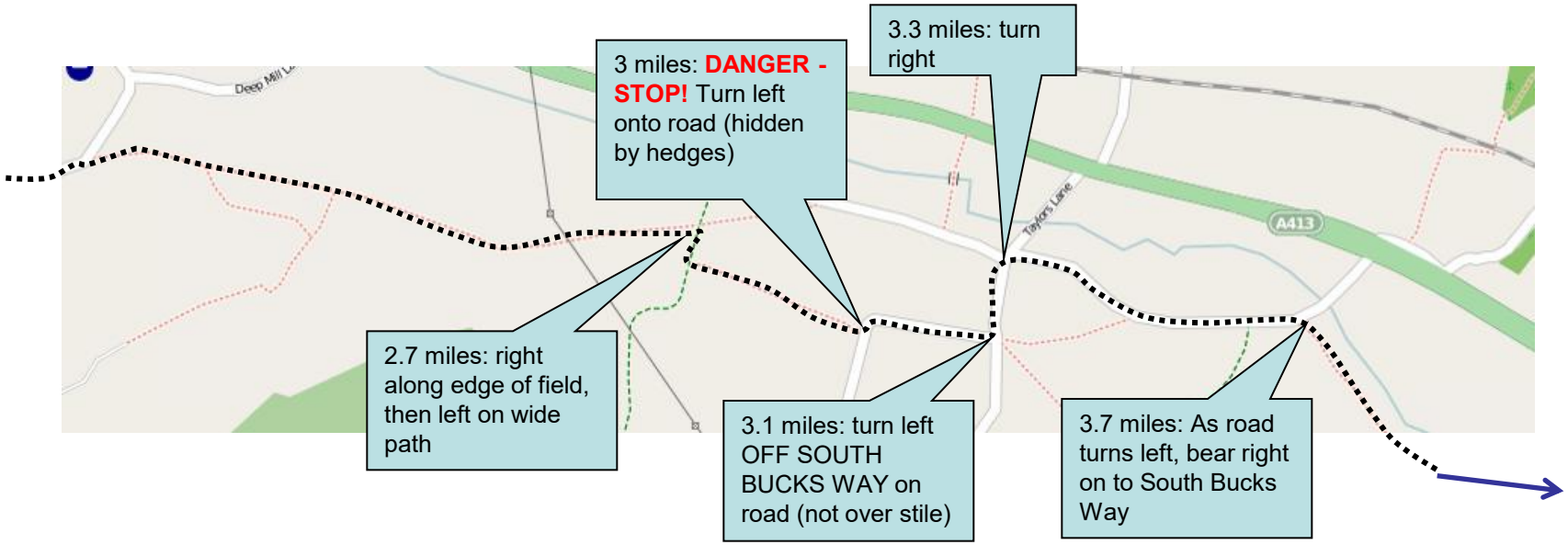
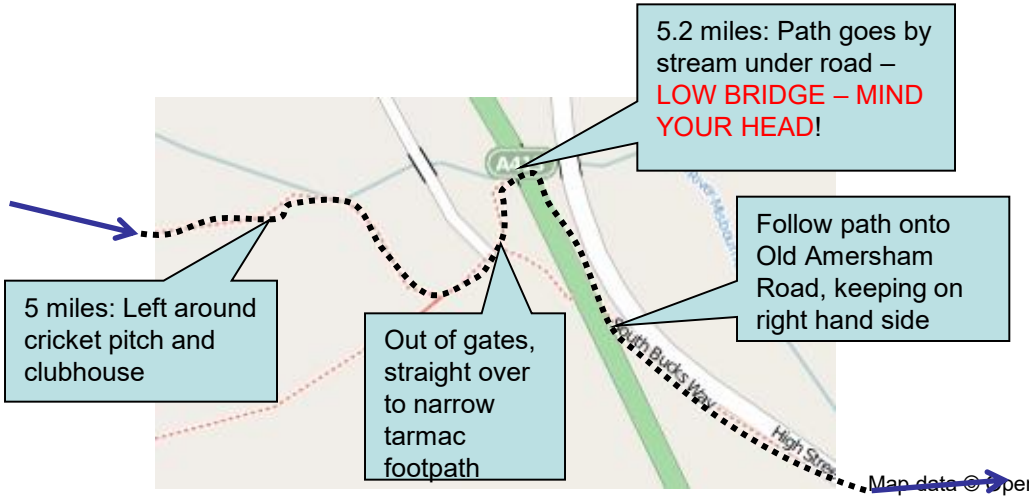
Stage 5 – 3 Miles: Little Missenden



Stage 5 – 5 Miles: Amersham Cricket Club



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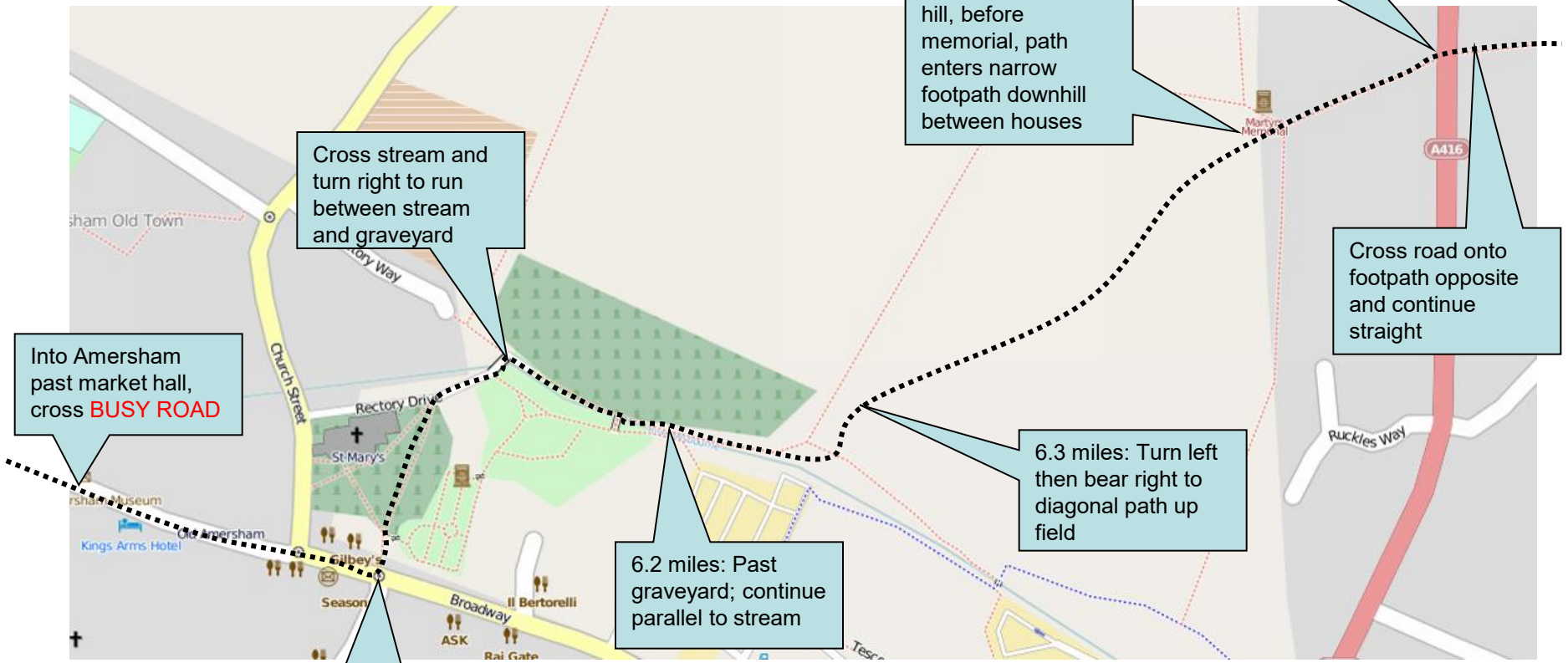
Stage 5 Detail – 6 miles: Amersham



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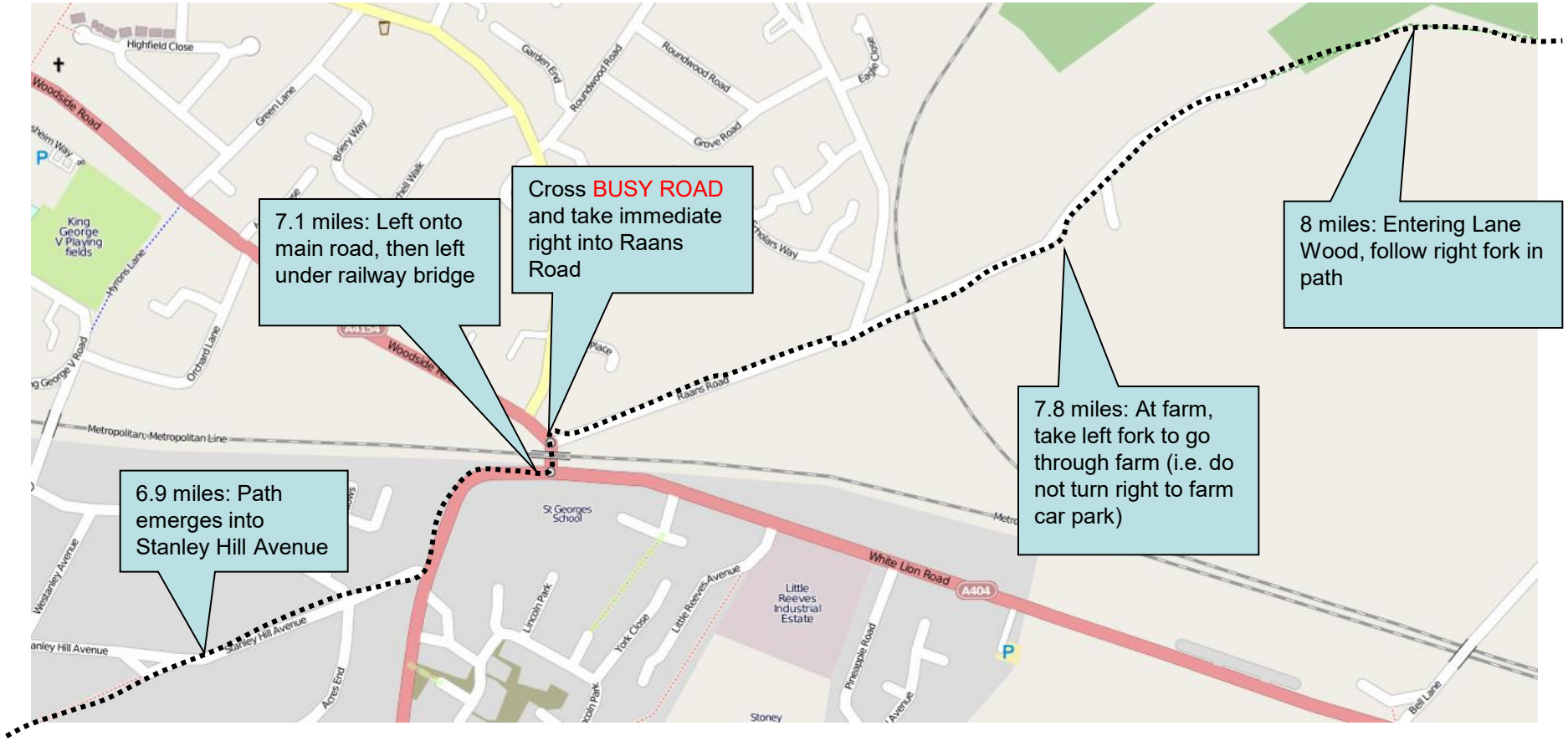
Stage 5 Detail – 7 miles: Raan's Farm



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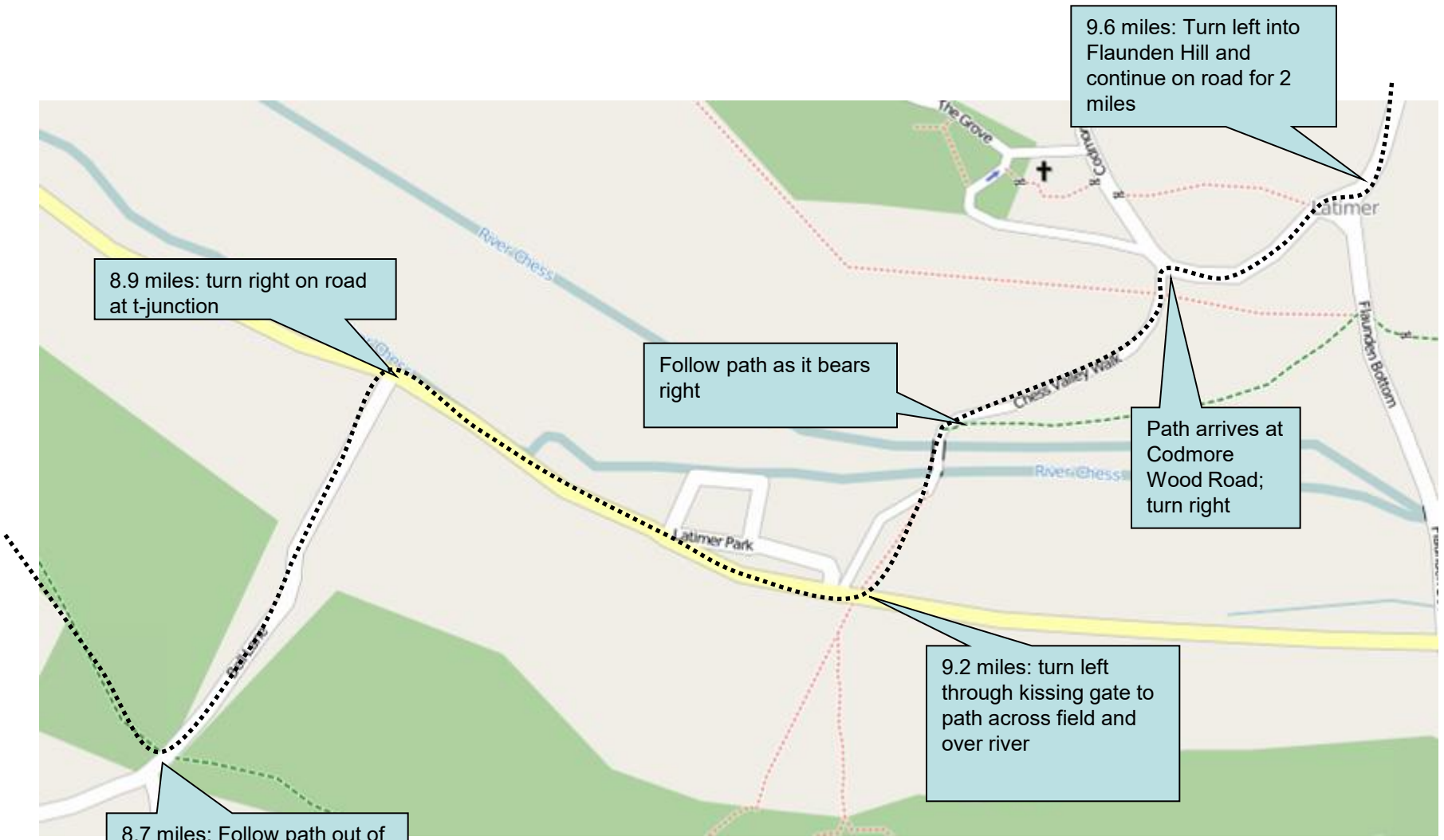
Stage 5 Detail – 8.5 miles: Latimer Park Farm



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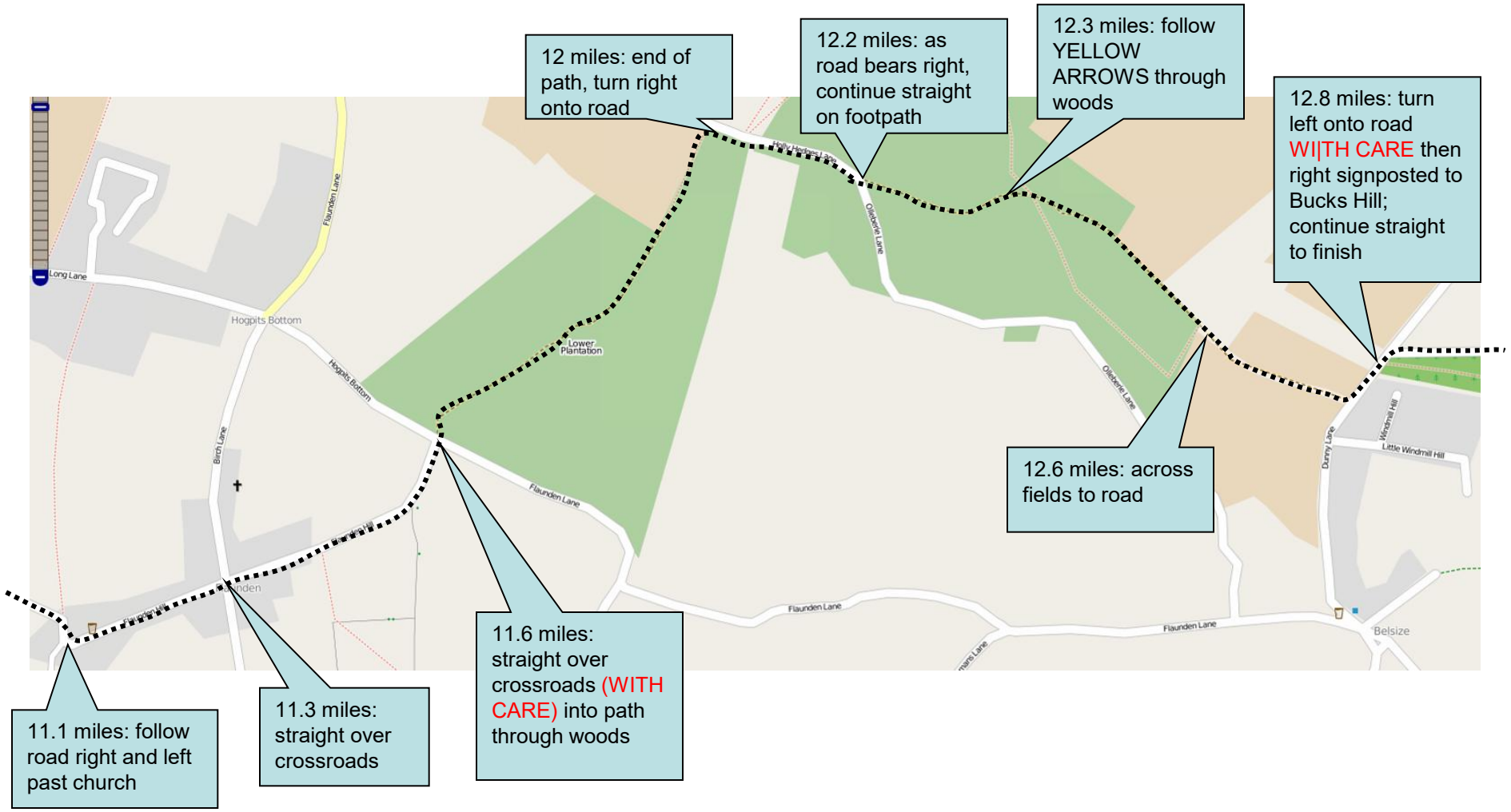
Stage 5 Detail – 11 miles: Woods



PK 2026-03-16

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Stage 5 – Things to know

Race Navigation: Our longest stage with plenty of roads to cross. Take extra care at 6.5 miles, where you emerge blind onto a busy road.

The path at 6.5 miles is not always visible and we may divert around the field edge. Follow markings.

Timings, marshals & support points:

Stage	Miles	Place	Risk	Water?	Postcode	Start	End	What Three Words
5	Start	Great Kingshill	n/a		HP15 6DR	12:53	12:54	///lively.lipstick.agreeable
5	0.3	Heath End Road crossroads	M		HP15 6HP	12:54	12:55	///embedded.envisage.rots
5	2.0	Turn to South Bucks Way	M		HP16 0DL	13:03	13:15	///punctured.rashers.available
5	3.0	Turn into Little Missenden	M		HP7 0QU	13:08	13:26	///confetti.warned.depend
5	5.0	Path under A413	M	Y	HP7 0RN	13:18	13:48	///order.stud.grows
5	6.0	Amersham High St/church	M		HP7 0DT	13:23	13:59	///gladiators.races.clock
5	6.5	Amersham A416 crossing	H		HP7 0BD	13:25	14:04	///torn.hush.brains
5	7.1	Raan's road roundabout	M	Y	HP6 6NX	13:28	14:11	///reason.harsh.same
5	8.5	Bell Lane turn	L		HP6 6PQ	13:35	14:26	///encounter.shape.curving
5	9.1	Turns to Latimer Farm	M		HP5 1TU	13:38	14:33	///closet.pint.lush
5	11.3	Flaunden crossroads	M		HP3 0PW	13:49	14:57	///solar.juices.aims
5	11.6	Hog Pits Rd t-junction	M	Y	HP3 0PW	13:51	15:00	///using.pets.reduce
5	13	Windmill Hill junction	M		WD4 9DE	13:58	15:16	///pits.vouch.event
5	13.5	Finish – Chipperfield	L	Y	WD4 9BS	14:00	15:21	///lost.artist.pencil

Stage Records:

Year	Stage	Distance	Name	Team	Time	Category
2023	5	13.5	James Hoad	Thames Hare & Hounds	01:13:50	Overall (men)
2024	5	13.5	Steph McCall	Clapham Chasers	01:26:01	Overall (women)
2025	5	13.5	Chris Biley	Clapham Chasers	01:15:48	V35 Men
2023	5	13.5	Gaby Reynolds	Sutton Striders	01:28:09	V35 Women
2019	5	13.5	Hugh Jones	Ranelagh	01:16:45	V45 Men
2025	5	13.5	Nicky Hornzee	Stragglers	01:35:49	V45 Women
2025	5	13.5	Mike Morris	Ranelagh	01:25:55	V55 Men
2024	5	13.5	Ange Norris	Dulwich Runners	01:43:35	V55 Women
	5	13.5				V65 Men
	5	13.5				V65 Women

Nearest A&E (from finish):
Watford General
Watford WD18 0HB

We share busy roads, footpaths, pavements, pubs and car parks with many other people, pets, cattle, events, cars, and bikes.

Be safe, be considerate, and smile.

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