

Green Belt Relay - Stage Records

Year	Stage	Distance	Name	Team	Time	Category
2024	1	12.7	Paddy Roddy	Thames Hare & Hounds	01:10:01	Overall (men)
2005	1	12.7	Sonia O'Sullivan	Millennium	01:13:04	Overall (women)
2023	1	12.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:13:16	V35 Men
2005	1	12.7	Sonia O'Sullivan	Millennium	01:13:04	V35 Women
2010	1	12.7	Howard Gleave	Ranelagh	01:17:21	V45 Men
2007	1	12.7	Dee Smale	Stragglers	01:26:41	V45 Women
2024	1	12.7	Joseph Gonzalez-Armas	26.2 RRC	01:21:10	V55 Men
2011	1	12.7	Jane Davies	Elmbridge	01:33:36	V55 Women
2005	1	12.7	Pete Warren	Ranelagh	01:37:34	V65 Men
2007	1	12.7	Sue Lambert	Serpentine	01:44:07	V65 Women
2024	2	9.7	Richard Ollington	Thames Hare & Hounds	00:54:16	Overall (men)
2026	2	9.7	Tracy Barlow	Clapham Chasers	00:57:39	Overall (women)
2016	2	9.42	Simon Barrett	Serpentine	00:56:14	V35 Men
2026	2	9.42	Tracy Barlow	Clapham Chasers	00:57:39	V35 Women
2023	2	9.42	Joseph Gonzalez-Armas	26.2 RRC	00:58:05	V45 Men
2018	2	9.42	Fiona Slevin-Brown	Sandhurst	01:07:23	V45 Women
2026	2	9.7	Ben Reynolds	Thames Hare & Hounds	01:05:08	V55 Men
2024	2	9.7	Vikki Filsell	Thames Hare & Hounds	01:13:13	V55 Women
2025	2	9.7	David Sampson	Paddock Wood	01:11:49	V65 Men
	2	9.42	(none)		01:41:00	V65 Women
2026	3	11.2	Paddy Roddy	Thames Hare & Hounds	1:01:46	Overall (men)
2025	3	11.2	Georgie Bruinvels	Clapham Chasers	01:10:10	Overall (women)
2024	3	11.2	Chris Biley	Clapham Chasers	01:02:23	V35 Men
2025	3	11.2	Georgie Bruinvels	Clapham Chasers	01:10:10	V35 Women
2026	3	11.2	Nick Altmann	Thames Hare & Hounds	1:11:05	V45 Men
2024	3	11.2	Ann Keary	Ranelagh	01:19:22	V45 Women
2025	3	11.2	Will Parry	London Front Runners	01:14:55	V55 Men
2024	3	11.2	Ann Keary	Ranelagh	01:19:22	V55 Women
2025	3	11.2	Fraser Wigley	Stragglers	01:28:36	V65 Men
2026	3	11.2	Pamela McHutchon	Stragglers	1:35:41	V65 Women
2017	4	12.2	James McMullan	Thames Hare & Hounds	01:11:10	Overall (men)
2025	4	12.2	Tracy Barlow	Clapham Chasers	01:22:59	V35 Women
2026	4	12.2	Jonathan Neville	Burgess Hill	1:13:05	V35 Men
2025	4	12.2	Tracy Barlow	Clapham Chasers	01:22:59	V35 Women
2018	4	12.2	Ben Reynolds	Thames Hare & Hounds	01:18:02	V45 Men
2016	4	12.2	Ange Norris	Dulwich Runners	01:32:44	V45 Women
2025	4	12.2	Jonathan Moore	Ranelagh	01:22:28	V55 Men
2007	4	12.2	Liz Pritchard	Dulwich Runners	01:44:42	V55 Women
	4	12.2	(none)		02:20:00	V65 Men
	4	12.2	(none)		02:20:00	V65 Women
2023	5	13.5	James Hoad	Thames Hare & Hounds	01:13:50	Overall (men)
2024	5	13.5	Steph McCall	Clapham Chasers	01:26:01	Overall (women)
2025	5	13.5	Chris Biley	Clapham Chasers	01:15:48	V35 Men
2023	5	13.5	Gaby Reynolds	Sutton Striders	01:28:09	V35 Women
2019	5	13.5	Hugh Jones	Ranelagh	01:16:45	V45 Men
2026	5	13.5	Sophie Biggs	Stragglers	1:31:29	V45 Women
2025	5	13.5	Mike Morris	Ranelagh	01:25:55	V55 Men
2024	5	13.5	Ange Norris	Dulwich Runners	01:43:35	V55 Women
2026	5	13.5	Murray Hogge	British Airways	1:43:38	V65 Men
	5	13.5	(none)		02:32:00	V65 Women
2026	6	8.5	Charlie Mason	Clapham Chasers	0:47:21	Overall (men)

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2026	6	8.5	Ellen Weir	Thames Hare & Hounds	0:53:06	Overall (women)
2025	6	8.5	Eirin McDaid	Ranelagh	00:49:31	V35 Men
2019	6	8.5	Rebekah Edgar	Thames Hare & Hounds	00:55:29	V35 Women
2025	6	8.5	Ben Reynolds	Thames Hare & Hounds	00:52:19	V45 Men
2019	6	8.5	Sophie Biggs	Stragglers	00:59:29	V45 Women
2025	6	8.5	Ben Reynolds	Thames Hare & Hounds	00:52:19	V55 Men
2026	6	8.5	Vikki Filsell	Thames Hare & Hounds	1:01:16	V55 Women
2026	6	8.5	Mark Taylor	British Airways	0:59:53	V65 Men
2026	6	8.5	Antonia Boxall	Burgess Hill	1:31:00	V65 Women
2019	7	12	Richard Ollington	Thames Hare & Hounds	01:02:21	Overall (men)
2025	7	12	Lizzy Apsley	Thames Hare & Hounds	01:08:26	Overall (women)
2008	7	12	Shaun Whelan	London Front Runners	01:06:19	V35 Men
2026	7	12	Gaby Reynolds	Beeches Track Squad	1:10:27	V35 Women
2026	7	12	Ted Mockett	Ranelagh	1:07:45	V45 Men
2024	7	12	Sarah Winter	Stragglers	01:20:47	V45 Women
2024	7	12	Malcolm Davies	Stragglers	01:19:39	V55 Men
2025	7	12	Lucy Pickering	Dulwich Runners	01:35:26	V55 Women
2024	7	12	John Foss	Sutton Striders	01:25:29	V65 Men
2025	7	12	Ramona Thevenet	Stragglers	01:38:03	V65 Women
2026	8	10.65	Peter Robins	Ranelagh	0:57:34	Overall (men)
2026	8	10.65	Lizzy Apsley	Thames Hare & Hounds	1:01:57	Overall (women)
2018	8	10.65	Matt Jones	Thames Hare & Hounds	01:00:10	V35 Men
2025	8	10.65	Gaby Reynolds	Beeches Track Squad	01:03:29	V35 Women
2026	8	10.65	Crispin Allen	Stragglers	1:03:15	V45 Men
2011	8	10.65	Cathy Ulliot	Brighton & Hove City	01:12:02	V45 Women
2026	8	10.65	Crispin Allen	Stragglers	1:03:15	V55 Men
2026	8	10.65	Katrin Flikschuh	VPH & THAC	1:18:14	V55 Women
2009	8	10.65	Bill Stewart	Stragglers	01:30:18	V65 Men
2026	8	10.65	Katrin Flikschuh	VPH & THAC	1:18:14	V65 Women
2025	9	10.2	Paddy Roddy	Thames Hare & Hounds	00:54:51	Overall (men)
2023	9	10.2	Anna Lawson	Clapham Chasers	01:01:59	Overall (women)
2019	9	10.2	Matt Jones	Thames Hare & Hounds	00:58:23	V35 Men
2025	9	10.2	Natasha Sheel	Serpentine	01:04:56	V35 Women
2006	9	10.2	Mick Lane	Ranelagh	01:01:14	V45 Men
2024	9	10.2	Sonia Bandeira	Stragglers	01:12:25	V45 Women
2026	9	10.2	Jonathan Moore	Ranelagh	1:05:57	V55 Men
2009	9	10.2	Claire Steward	Dulwich Runners	01:19:50	V55 Women
2025	9	10.2	Mike Dennison	British Airways	01:20:01	V65 Men
2026	9	10.2	Linda Szulc	Maidenhead AC	1:47:20	V65 Women
2019	10	9	Gordon Pearce	Thames Hare & Hounds	00:54:25	Overall (men)
2024	10	9	Lizzy Apsley	Thames Hare & Hounds	01:02:01	Overall (women)
2025	10	9	Jonathan Smith	Ranelagh	00:55:47	V35 Men
2026	10	9	Robin Norton-Hale	VPH & THAC	1:05:11	V35 Women
2018	10	9	Ben Reynolds	Thames Hare & Hounds	00:58:58	V45 Men
2026	10	9	Robin Norton-Hale	VPH & THAC	1:05:11	V45 Women
2024	10	9	Ben Reynolds	Thames Hare & Hounds	00:58:58	V55 Men
2025	10	9	Helen Davies	Stragglers	01:19:35	V55 Women
2026	10	9	David Sampson	Paddock Wood	1:09:36	V65 Men
	10	9	(none)		01:38:00	V65 Women
2026	11	7.5	Jared Martin	Thames Hare & Hounds	0:41:21	Overall (men)

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2007	11	7.5	Zara Hyde- Peters	Stock Exchange	00:46:49	Overall (women)
2025	11	7.5	Jonathan Neville	Burgess Hill	00:42:58	V35 Men
2007	11	7.5	Zara Hyde-Peters	Stock Exchange	00:46:49	V35 Women
2026	11	7.5	Phillip Collins	Ranelagh	0:45:41	V45 Men
2024	11	7.5	Nicky Hornzee	Stragglers	00:52:57	V45 Women
2024	11	7.5	Jonathan Moore	Ranelagh	00:47:58	V55 Men
2025	11	7.5	Zoe Dobbs	Hillingdon AC	01:02:22	V55 Women
2026	11	7.5	Kevin Murray	Serpentine	0:51:25	V65 Men
	11	7.5	(none)		01:20:00	V65 Women
2011	12	10.9	Richard Phillips	Serpentine	00:59:36	Overall (men)
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	Overall (women)
2015	12	10.9	Andrew Reeves	Serpentine	01:02:38	V35 Men
2010	12	10.9	Teresa Gaillard de Laubenque	Dulwich Runners	01:08:39	V35 Women
2018	12	10.9	Ben Reynolds	Thames Hare & Hounds	01:05:23	V45 Men
2024	12	10.9	Sarah Winter	Stragglers	01:15:33	V45 Women
2003	12	10.9	Brian Wiles	Stragglers	01:09:20	V55 Men
2007	12	10.9	Jane Davies	Elmbridge	01:21:37	V55 Women
2026	12	10.9	Mike Dennison	British Airways	1:22:00	V65 Men
	12	10.9	(none)		01:57:00	V65 Women
2026	13	6.6	Charlie Mason	Clapham Chasers	0:35:32	Overall (men)
2025	13	6.6	Bethanie Murray	Thames Hare & Hounds	00:41:36	Overall (women)
2025	13	6.6	James Whistler	Ranelagh	00:37:57	V35 Men
2024	13	6.6	Nicky Hornzee	Stragglers	00:43:57	V35 Women
2022	13	6.6	Jonathan Moore	Ranelagh	00:39:24	V45 Men
2024	13	6.6	Nicky Hornzee	Stragglers	00:43:57	V45 Women
2025	13	6.6	Jonathan Moore	Ranelagh	00:39:24	V55 Men
2025	13	6.6	Harriot Sinclair	Paddock Wood	00:46:19	V55 Women
2025	13	6.6	Malcolm Fletcher	Stragglers	00:55:43	V65 Men
	13	6.6	(none)		01:11:00	V65 Women
2025	14	9.41	Peter Robins	Ranelagh	00:50:14	Overall (men)
2024	14	9.41	Anna Lawson	Clapham Chasers	00:56:00	Overall (women)
2025	14	9.41	Bryn Reynolds	Beeches	00:53:36	V35 Men
2025	14	9.41	Georgie Bruinvels	Clapham Chasers	00:57:06	V35 Women
2026	14	9.41	Ted Mockett	Ranelagh	0:59:24	V45 Men
2025	14	9.41	Julia Donovan	Wimbledon Windmilers	01:04:47	V45 Women
2025	14	9.41	Duncan Wright	British Airways	01:03:51	V55 Men
2025	14	9.41	Ramona Thevenet	Stragglers	01:21:23	V55 Women
2026	14	9.41	Fraser Wigley	Stragglers	1:11:39	V65 Men
2025	14	9.41	Ramona Thevenet	Stragglers	01:21:23	V65 Women
2019	15	9.4	Richard Ollington	Thames Hare & Hounds	00:53:17	Overall (men)
2026	15	9.4	Tracy Barlow	Clapham Chasers	0:56:19	Overall (women)
2023	15	9.4	Rich Bull	Clapham Chasers	00:55:44	V35 Men
2026	15	9.4	Tracy Barlow	Clapham Chasers	0:56:19	V35 Women
2025	15	9.4	Ben Reynolds	Thames Hare & Hounds	00:59:28	V45 Men
2026	15	9.4	Nicky Hornzee	Stragglers	1:08:08	V45 Women
2025	15	9.4	Ben Reynolds	Thames Hare & Hounds	00:59:28	V55 Men
2025	15	9.4	Helen Davies	Stragglers	01:18:22	V55 Women
2024	15	9.4	Mike Dennison	British Airways	01:11:38	V65 Men
2026	15	9.4	Antonia Boxall	Burgess Hill	1:43:00	V65 Women
2024	16	13.1	James Hoad	Thames Hare & Hounds	01:15:33	Overall (men)
2025	16	13.1	Gaby Reynolds	Beeches	01:28:56	Overall (women)
2024	16	13.1	Chris Biley	Clapham Chasers	01:16:19	V35 Men

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2025	16	13.1	Gaby Reynolds	Beeches	01:28:56	V35 Women
2007	16	13.1	Hugh Jones	Ranelagh	01:19:41	V45 Men
2012	16	13.1	Carys Mills	Stragglers	01:39:42	V45 Women
2026	16	13.1	Crispin Allen	Stragglers	1:33:10	V55 Men
2024	16	13.1	Dorothy Wilkinson	Elmbridge	02:03:04	V55 Women
2026	16	13.1	Kevin Murray	Serpentine	1:48:36	V65 Men
	16	13.1	(none)		02:31:00	V65 Women
2019	17	10.5	Paddy Roddy	Thames Hare & Hounds	00:55:08	Overall (men)
2011	17	10.5	Lucie Custance	Serpentine	01:05:28	Overall (women)
2016	17	10.5	Simon Barrett	Serpentine	00:59:24	V35 Men
2024	17	10.5	Sarah Holt	Stragglers	01:07:37	V35 Women
2007	17	10.5	Greg Stevens	Stock Exchange	01:02:02	V45 Men
2002	17	10.5	Jane Davies	Epsom & Ewell Harriers	01:14:49	V45 Women
2024	17	10.5	Duncan Wright	British Airways	01:11:53	V55 Men
2009	17	10.5	Sue Ashley	Ranelagh	01:27:20	V55 Women
2026	17	10.5	Phillip Hammett	Stragglers	1:16:54	V65 Men
2026	17	10.5	Pamela McHutchon	Stragglers	1:29:04	V65 Women
2026	18	9.7	Paddy Roddy	Thames Hare & Hounds	0:57:07	Overall (men)
2022	18	9.7	Lizzy Apsley	Thames Hare & Hounds	01:06:14	Overall (women)
2022	18	9.7	Martin Alvarez-Espinar	Thames Hare & Hounds	01:00:22	V35 Men
2019	18	9.7	Melissah Gibson	Ealing Eagles	01:15:39	V35 Women
2026	18	9.7	Marc Leyshon	Ranelagh	1:03:11	V45 Men
2023	18	9.7	Sarah Winter	Stragglers	01:20:20	V45 Women
2026	18	9.7	Karsten Buecker	Serpentine	1:16:15	V55 Men
2025	18	9.7	Merilyn Davis	Stragglers	01:32:11	V55 Women
2026	18	9.7	Murray Hogge	British Airways	1:22:30	V65 Men
2026	18	9.7	Katrin Flikschuh	VPH & THAC	1:22:33	V65 Women
2026	19	8.55	Conall McNally	Windmilers	0:52:16	Overall (men)
2026	19	8.55	Bethanie Murray	Thames Hare & Hounds	1:00:42	Overall (women)
2025	19	8.55	Marc Leyshon	Ranelagh	00:53:28	V35 Men
2025	19	8.55	Nicky Hornzee	Stragglers	01:02:31	V35 Women
2026	19	8.55	Graham Weller	Ranelagh	0:57:09	V45 Men
2025	19	8.55	Nicky Hornzee	Stragglers	01:02:31	V45 Women
2026	19	8.55	Edward Francis	26.2 RRC	0:58:29	V55 Men
2026	19	8.55	Dorothy Wilkinson	Elmbridge	1:11:39	V55 Women
2026	19	8.55	John Foss	Beeches	1:18:27	V65 Men
	19	8.55	(none)		01:34:00	V65 Women
2026	20	6	Jacob Brockman	Thames Hare & Hounds	0:29:52	Overall (men)
2022	20	6	Natalie Seymour	Thames Hare & Hounds	00:35:32	Overall (women)
2017	20	6	Simon Barrett	Serpentine	00:32:30	V35 Men
2022	20	6	Natalie Seymour	Thames Hare & Hounds	00:35:32	V35 Women
2026	20	6	Hugh Torry	Serpentine	0:32:43	V45 Men
2024	20	6	Kate Carter	Windmilers	00:39:36	V45 Women
2024	20	6	Ben Reynolds	Thames Hare & Hounds	00:35:28	V55 Men
2026	20	6	Vikki Filsell	Thames Hare & Hounds	0:41:10	V55 Women
2025	20	6	Fraser Wigley	Stragglers	00:43:15	V65 Men
	20	6	(none)		01:05:00	V65 Women
2024	21	8.4	Richard Ollington	Stock Exchange	00:45:35	Overall (men)
2025	21	8.4	Lizzy Apsley	Thames Hare & Hounds	00:49:43	Overall (women)
2025	21	8.4	Ross MacDonald	Ranelagh	00:47:45	V35 Men

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2019	21	8.4	Rebekah Edgar	Thames Hare & Hounds	00:54:10	V35 Women
2024	21	8.4	Steve Francis	Maidenhead AC	00:50:37	V45 Men
2011	21	8.4	Cathy Ulliot	Brighton & Hove City	00:55:57	V45 Women
2024	21	8.4	Joseph Gonzalez-Armas	26.2 RRC	00:51:48	V55 Men
2025	21	8.4	Michelle Lennon	Dulwich Runners	01:00:25	V55 Women
2026	21	8.4	Mark Taylor	British Airways	0:58:45	V65 Men
2007	21	8.4	Sue Lambert	Serpentine	01:10:49	V65 Women
2026	22	8.4	James Hoad	Thames Hare & Hounds	0:42:38	Overall (men)
2026	22	8.4	Gaby Reynolds	Beeches	0:49:32	Overall (women)
2026	22	8.4	Jonathan Neville	Burgess Hill	0:45:36	V35 Men
2026	22	8.4	Gaby Reynolds	Beeches	0:49:32	V35 Women
2026	22	8.4	Phillip Collins	Ranelagh	0:46:45	V45 Men
2025	22	8.4	Nathalie Gaudillat	Beckenham	00:55:03	V45 Women
2025	22	8.4	Jonathan Moore	Ranelagh	00:51:33	V55 Men
2025	22	8.4	Alison McCulloch	Ealing eagles	01:08:23	V55 Women
2025	22	8.4	David Sampson	Paddock Wood	00:57:20	V65 Men
2026	22	8.4	Linda Szulc	Maidenhead AC	01:22:13	V65 Women